

Benalla and District Inc.

Newsletter – November 2015 With Enrolment Information for 2016

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PRESIDENT'S MESSAGE

As the U3A year draws to a close we finish with two highlights. The Singing for Fun Group will hold their annual Christmas concert in a new venue, the Cooinda Hub. Joyce and her crew are sure to entertain us! The Christmas lunch is on the 25th November. I hope many of you will join us for these two events.

Next year we will hold two Enrolment days, the first at the Cooinda Hub on Monday 18th January, 9.30-11.30. All are welcome. Our second enrolment day will be held at the Seniors on Wednesday 20th, again 9.30-11.30. If you cannot attend send the attached Enrolment form together with your payment to the Secretary.

This newsletter contains course outlines, timetables, enrolment forms. We are pleased to be offering a range of new classes in addition to our existing offerings. Classes finish at the end of November and resume in February next year.

I want to congratulate Judith who has been our Newsletter editor for the past six years. Judith has done an excellent job producing an informative newsletter and producing most of our publicity materials. Freida and Bev will take on the role of editing and producing the newsletter. The email address will be <u>fmandrews46@gmail.com</u>

Tutors please note that access to W4 will finish at the end of November and will resume in February next year. The security system will be on during the school holidays!

> Terry Case President

Newsletter 2016

- Following discussion at the November Executive Meeting it was decided that there will not be a January newsletter.
- Programs will commence in February as per the 2016 timetable attached.
- Freida Andrews and Bev Lee will be the newsletter editors.
 Emailed items for the newsletter are to be forwarded to Freida <u>fmandrews46@gmail.com</u> or delivered to Bev at 61 Monds Avenue, Benalla.
- The dates for the newsletter have been changed. The deadline will now be the 4th Monday of the month and posted newsletters should be received on either Monday or Tuesday of the following week.
- Emailed newsletters will be received a little earlier. The newsletter is also available on the U3A website <u>http://u3abenalla.weebly.com</u>

GROUP REPORTS

Armchair History: Invaders

The 2016 course will start with the Roman Invasion of Britain and will cover a momentous millennium. The period following the collapse of the Roman Empire was typically portrayed in history text books as the "Dark Ages", but modern interpretations now portray it in more light. If you were on the receiving end of a Viking raid or on the losing side against the Normans, you might be inclined to support the traditional view!

I have assembled a collection of wonderful TV documentaries that will enable us to sit back for another season of Armchair History. New members welcome! The Friday afternoon times are 1.15 start, 3.15 finish; this is at the request of the College.

Armchair Traveller

As the fill in convenor I had the pleasure of hosting Jenny Geer this afternoon as she spoke about volunteering in a disaster relief project in Nepal. This was somewhat different from the usual Armchair Traveller. We were shown photos of the remote mountainside villages and their inhabitants that Jenny and her team were sent to assist. Volunteering on behalf of Disaster Aid International, (an Australian Rotary project) Jenny delivered and installed equipment to provide safe water supplies and provided emergency accommodation materials. More information on this project can be found on the internet at www.disasteraidaustralia.org.au The second part of Jenny's session was a follow up to a Meet & Mingle presentation this year, on the Silk Road. The photos of this remote part of the world were inspirational. Jenny did some hard but rewarding travel through "the 'stans" (Uzbek and others) to reach the relative comforts of Georgia. An excellent way to end the year, thanks Jenny.

Art Appreciation

On November 2nd we gathered at the Art Gallery to hear Helga Leunig speak about her wonderful collection of photos: Mother Country - Reflections of Australian Rural Life.

Helga firstly spoke of her early interest in photography then of her move to the country and the home schooling of her children. In this collection of photos they speak of the things that may be going from our country way of life as shown with the photo of the mixed cups and saucers lined up for a communal "cuppa" in the country hall. The use of mist and fog was also noted by the participants. We would all recommend this exhibition to all U3A members. We will meet for the last time for 2015 on December 7th at the Gallery.

Astronomy

November 17th was our last Astronomy meeting for 2015 owing to the end of the school year arrangements which prevent us access to W4. Martin started us off with a thought provoking, excellent report on 'Black Holes'. There have been many mathematics and astrophysics theories, and they and the research from various organisations has enabled us to see what a 'Black Hole' could look like if we could actually see it - via artist's representations. 'Black holes' -many at the center of universes such as the Milky Way suck in all and nearby star systems and light permanently so we can't actually see them as no light ever gets out of Black Holes. Mathematics and Astrophysics have revealed this incredible theory - "maybe our universe is IN an actual Black Hole." Hence the possibility of 'worm holes' to other universes, and the existence of 'parallel universes.' In the 1960's 'continental drift' was regarded as theory and to some, Einstein's 'theories of relativity' have yet to be totally proven. Anything is possible; more research still needs to be done. This provoked much discussion which was what we were aiming for.

A new planet far beyond Pluto has just been discovered, much smaller than Pluto. Little is known about it yet, as Jeff read out from Rupe's newspaper article.

Bev finished us off with 2 interesting u tubes of actual facts this time, of a Russian rocket launching and connecting with the International Space Station. The Russian Soyuz rocket was seen being loaded onto a special train in bleak conditions late at night in Kazakhstan in 2014. The German Shepherd sniffer dogs patrolling the tracks were accompanied by serious looking bomb experts, along with all the other retinue wearing standard Russian greatcoats. U.S.A. and Russia then cooperated to send a NASA astronaut, a Russian cosmonaut and a flight engineer to the ISS. We saw the incredible precise docking and marvelled at the advanced technology. When you see the ISS whizzing across the sky think of the people on it doing all the research and all the difficulties of getting there and resupplying it.

Our Christmas B.B.Q. will be held on Wednesday 2nd December by Lake Benalla at the picnic site behind the library. All current and former Astronomy participants, partners and friends are welcome.

We wish everyone a Happy and Peaceful Christmas.

Comparative Religion

We started the session with part of a DVD on the early days of Christianity as an introduction to a visit from some speakers on behalf of the Jehovah's Witnesses. They spoke about the history of the movement, and some of the achievements in producing different translations of the Bible – both around modernising the English translations as well as other languages. Unfortunately, it was generally felt that some of our questions were not adequately answered.

Jenny brought along some Singing Bowls, and spent some time talking about the history and use of the bowls – the ritual and meaning behind the use. As well as demonstrating the sound from the bowls, we were all able to have a turn, feeling the vibrations and hearing the sound. Thank you Jenny.

Mike is busy planning our first session for next year, and all are welcome to join us.

Chat n' Chew

Chat n'Chew will recommence in February 2016. It will be held at the Royal Hotel on 19th February at 11.45 am. Please contact Shirley on 5762 6768 by Tuesday 16th February for bookings or cancellation.

e-Book Group

Our last session for the year was a memorable one, finishing our list with *Cloudstreet* by Tim Winton - a fitting finale for a great year of books. Post discussion, Steven downloaded Kindles with the books for 2016, chosen after much consideration by the group over the course of the year. We then tucked into some goodies, and reminisced about books read (not on the list!), and those we propose to read, in what promises to be a great year ahead. We have expressed our appreciation to library staff for providing such a wonderful venue for our meetings, and look forward to continuing in the library next year.

We look forward to seeing our book group members

next year, and of course, new members are always welcome.

Garden Appreciation

November 26th

Meet at Centre Car Park at 9.45 am.

We will visit the garden of Louise Armstrong and her mother. Mary Daws, Goomalibee Road. Please byo morning tea. Hot water, milk, tea and coffee will be there for us.

We will then go to Geraldine McCorkell's for lunch. Byo lunch to share.

February 25th 2016

We will visit Max and Heather Roll's garden, Grant Drive, Benalla. May visit one other garden. More information later.

Wishing you a Merry Christmas and Happy New Year. Thank you Judith for all your work on the newsletter.

Gwen 5762 7017, 0438 627010

Garden Team

With three apologies, the last group had to work a little harder, but Lois's neat and tidy garden in Cooinda doesn't take a lot of work. A bit of dead heading roses, planting some zinnia seedlings for future colour and some potting up, and we were done. A delightful afternoon tea and a chat was enjoyed as usual. We were helped by Lois's granddaughter Evie, aged 4.



Future plans - are there any prospective new members who would like to join the team? Elspeth would appreciate hearing at or by the last gathering for 2015 at Tulip Street in Violet Town on November 30th.

Garden Team February meetings will be on the 8th at Shirlie's and 29th at Kathy's. As that's leap day I feel we should do high pruning or gutter clearing without ladders!

Investment Group 1



<u>Special Report from Investment Group No 1</u> Our report this month is tinged with a note of sadness but more especially a feeling of pride that this dedicated group can boast of a great history of achievement and fellowship.

Nineteen years ago in 1996 before the Benalla U3A began, an enthusiastic group of like-minded people decided to form an Investment group to research and hone their skills studying the Australian share market.

It began its activities under the auspices of "The National Seniors" movement and met in the old Presbyterian Hall under the leadership of Mr Graham Mitchell. The group comprised 10 foundation members of whom 7 are still regularly in attendance at the meetings. Graham has continued in the role of convenor of the group for the entire period of 19 years and the numbers remain at 10 with the later addition of 2 new members. At the commencement of activities the use of computers was not general within the group which depended on data gained from investment journals and other sources. Over the years members have become a highly skilled group using sophisticated computer programmes in their research. In more recent times the group has been regularly invited to be a contestant in the "Shares Race" competition

under the name "U3A Benites" conducted by the Sunday Age newspaper enjoying and achieving some success by winning the competition on several occasions. At its most recent meeting we were pleased to welcome a visitor, who on one occasion ran 2nd to our group and travelled from Melbourne especially to meet our members.

The group believes its continued success can be attributed to the leadership of Graham Mitchell, A unique meeting format and good fellowship. Unfortunately the Investment group has reached the stage when it must close down its activities owing to the seniority of most of the members who are in their 80s and 90s and one key member is moving from Benalla.

Happily the formal closure of our meetings will in no way change the bonds of friendship and fellowship so deeply forged over the last 19 years.

Investment Group 2

The November meeting of Investment Group 2 saw a more buoyant mood with the market having increased 3% since our October meeting. We discussed a range of stocks which had shown an increase in their price since July this year, and also touched on International events which made a positive contribution to some of these shares. The afternoon was completed by a brief comparative look at basic Taxation Rates in Australia, United States, United Kingdom and New Zealand. At afternoon tea we welcomed Bev Lee who took some photos of our group.

The next meeting of Investment Group 2 will be on Friday 4th December at 2pm in W4.

Let's Talk Books

Hello all you great readers. As we missed out in November (Melbourne Cup Day) we will have our last gathering at the Library on December 1st at 2 o'clock with a little celebration for Christmas as well. See you there. Geraldine

Lifeball

Lifeball will be winding down next month, with play commencing on 7th December, followed by a breakup lunch at the Golf Club, starting at noon. We have a new member, which is lovely, and a couple of prospective members commencing in the new year, beginning on FEBRUARY 1! Last Monday we had 13 players for the first time for several weeks, including myself - the first time I have played since May, when I broke my ankle.

It was SO good to be back playing, although I have been umpiring for several weeks. I am still a little hesitant about sudden movements when changing direction, but everyone is very compassionate, and giving me space.

If anyone would like to consider playing next year, give me a call, and I will gladly sell you our great fun, invigorating game. We will begin at 10am throughout next year - it seems to suit the majority of players, so, until someone says otherwise, we will try that time, beginning again, as stated already, on Monday February 1, at the sports pavilion in Ackerley Avenue.

Best wishes to all for the Festive Season! Marg Merriman 5762-1404

Meet and Mingle

A very enjoyable Meet and Mingle was held this morning at The Hub, Cooinda. The Singing for Fun group entertained us with a range of songs. The three sessions were conducted by Brian Greed, Faith Hicks and Margaret Merriman. U3A members were greatly appreciative of the music and appreciate the practise involved to get to their high standard. Many quilts were displayed by the Patchwork group and these colourful and skilfully made quilts caused a lot of comment.



Singing for Fun group at the U3A November meeting at The Hub, Cooinda. Conductor Faith Hicks

President Terry Case thanks the members of the Singing for Fun Group and the patchworkers for a very enjoyable morning. He estimated that there were about 110 people present which represented half of our U3A Benalla members. A varied and most enjoyable program was performed and the 'Vegemite song' which many of us remembered from days gone by brought a smile to our faces. A very nice morning tea was served after the first session conducted by Brian Greed and this was followed by two more segments conducted by Faith Hicks and Marg Merriman.

Music Appreciation

23 October 2015

John and some other members being absent overseas, we had a compliment of three members. We decided to have a 'fun' session. We listened to works by Mozart, Rachmaninov and Handel. We rediscovered Australian pianist, Eileen Joyce, singers Kiri Te Kanawa and Nina Simone, finishing with Paul McCartney.



Australian pianist Eileen Joyce

13 November 2015

Doug Geeson conducted the session. He presented a number of Australian composers. He also showed a DVD entitled Australian Voices, which was performed in Wangaratta recently. The second half of the session was a real treat. Doug and Marjory recently went on a cruise, called 'The Performing Arts Bravo'. Some of the artists who performed on board the ship and presented on DVD, were Anthony Warlow, James Morrison, David Hobson, Liz Calloway, the Gregorian Brothers, and others.

Patchwork



This beautiful quilt was made by Heather for Doreen, a patchworker who is on the sick list. It is made in the bright colours which Doreen loves and to a pattern she admires. Heather had made room on the back panel for group members to sign.

Our patchwork Christmas luncheon will be held at The Hub, Cooinda on Thursday 3rd December at 12.30 p.m. Next year we will be doing a project quilt and will choose the one we will do from three suggestions at the Christmas breakup. Please bring along a plate to share and a wrapped fat quarter as a gift to exchange.

Politics

Let's hope for some peace and goodwill to end a heart-breaking year for so many people. U3A Politics will resume in February.

Singing for Fun

By the time this newsletter is printed, 30 of our singers would have presented a programme for "Meet and Mingle", at the "Hub" Cooinda. On Thursday December 3rd, 20 of our members will sing for the residents in care at Cooinda. We will follow this with a break –up lunch at the Golf Club. Please phone Joyce on 57625013 if you wish to add your name to the lunch list.

We are sad to be losing two of our valued members at the end of this year. Fred Cason is moving to Shepparton and Tom Wales is moving to Queensland. We will miss them. This group works well because of the willingness of members to work hard. We would not function without our outstanding pianist Gwen Barnes, our leaders Faith Hicks, Brian Greed and Margaret Merriman and our treasurer Margaret Howard. Other great workers are Ian Grace, Jan Casey and Trish Roe. Our heartfelt thanks go to you all.

We look forward to another great year in 2016.

Tech Savvy Seniors

Tech Savvy Seniors has now completed the four pilot sessions planned for Semester II and has been timetabled at the same time - the second Wednesday from 10 to 12 midday in W4 – in 2016. Our November session began with sharing of 'work in progress' on blog sites and twitter feeds, with the topic of the day 'Smart TV's'. To set the scene we watched a 'Download this Show' segment on the new Apple TV's; then headed to Terry's house where he presented a most informative session on the role of Chromecasting in converting a digital television into a Smart TV; demonstrated how mobile phones can be used to manage content on Smart TV's and showed us many other possibilities available through Smart TV's. For most of us it was quite a leap into the future. The handout Terry prepared for us should prove very handy. Thank you, Terry.

Our 'Mentors' working group is planning the new 'Tech Savvy Drop In' and will meet on Wednesday 2 December from 10 am to 12 midday at Bev's for a planning session.

The 'Tech Savvy Drop In' aims to support members who would like to develop knowledge and skills in using computer technology – whether PC's, laptops, tablets and even mobiles. Tech Savvy members will be on hand at the Drop In to support particular learning needs – for example, to send an email; use the camera and manage photos; set up a letter; send an SMS, and more. You can find out more details about the 'Tech Savvy Drop In' in the 2016 Course and Activity Guide.

Towards a Sustainable Future

Are you concerned about environmental sustainability and contemplating joining 'Towards a Sustainable Future'? Each fortnight our group reads through and discusses at least seven well researched media articles selected by our convenor John Lloyd as adding to the knowledge pie on sustainability and climate charge. In our last class, for example, we discussed articles 'Climate change sets our hottest October'; 'Doctors warn of climate risk to children'; 'Now is the time to put price on carbon world leaders say'; 'Pacific nation urges Australia to bring forward emissions cuts'; 'Chief Scientist's all electric dreams'; 'Burning question hangs over coal's future'; 'Energy – Finkel's vision 'long term', Fossil fuels have role to play still'; 'Iron, coal prices up in flames: analysts'; 'Investors told to query fossil fuel forecasts'; finishing up with a longer article 'As drought looms, the Murray-Darling is in much healthier shape – just don't get complacent'. Class members particularly enjoy reading about positive developments and discussing local and regional issues. A number of participants have been discussing sustainability related issues in the group for some years, so the accumulated environmental wisdom in the class is at a very well informed level, making for very interesting discussions. For example

while reading the article 'Climate change sets new records', we discussed accrual of heat varying in different places, with warming greater in northern Australia than in Tasmania; the gulf stream having a huge impact on the Arctic; the buffering effect of oceans differing in different locations, and that heating changes synoptic patterns which change prevailing winds which may change cooling patterns e.g. Perth and west coast summers over recent years. We also watch thought provoking documentaries such as the ABC's Catalyst program; monitor the monthly Bureau of Meteorology reports shown on Country Wide and have the occasional excursion. Armchair analysts rather than activists, we are however considering taking on a manageable community awareness raising project in 2016 which contributes towards a sustainable future. To quote from our course description - 'No prior knowledge is required, just a general interest in the issues around climate change and sustainability. With discussion of these topics throughout the year you will find that you become better informed about these issues.'

Walks

Easy Walk Wednesday November 4

Eight walkers set off from Ridge road in the Warby Ranges toward the Pangarang Lookout. The weather was fine and the bush was looking fresh after the recent rain. A profusion of bright yellow Golden Everlastings lined most of the track, with the occasional blue of Finger flowers,

Wahlenbergias and Rock Isotomes. We lunched at the lookout where an old tree has forced roots through and lifted a mass of granite. We had great views of the surrounding farm lands. The walk distance was 4.54km.



<u>Mid-week Walk Wednesday November 11</u> Three cars, each with 4 people, left Benalla at 8.15 a.m. en route to Buffalo. We drove up the

mountain past Lake Catani and parked the cars not far from Blackfellows Plain. Our morning walk included Mahomets Coffin, the Sentinal [also called the Piano], The Corral and The Castle. It was a super walk with so many different shapes and colours of rocks, and at times great views. Lunch was enjoyed back near the cars, before we headed up hill to view The Cathedral and The Hump. We could see the Cresta Ski Runs, The Horn and looked towards the Buffalo Plateau and many Mountain Ranges in the distance. Native flowers were in abundance on both walks. Next, back to our cars and we drove to The Chalet area for afternoon tea and a look around. The Chalet gardens were fantastic with many wonderful colourful rhododendrons.

A big thanks to Vaughan, our walk leader.



Wine Appreciation - 2016

We shortly will embark on the seventeenth year for our Wine Appreciation group and again will welcome suggestions for the program.

Wednesday 24 February 2016

Meet at carpark at 10.30 am for a visit to Morrisson's Winery at Glenrowan. Previous visit was in 2006.

Lunch will be close by.

Noel Meagher 5762 3149

Writing Workshop

'Writing Workshop' survived the year on a positive note after a disappointing start as 'Benalla Writers' in February with only two participants! We changed our name to 'Writing Workshop' to reflect our inexperience at creative writing and decided to focus on short memoir related stories. By September, a regular four or five participants were meeting fortnightly instead of monthly. We have great fun and all ended the year with a portfolio of memoir related stories. Most of our 'stories' are based on ABC Open's '500 word' topics – topics such as 'Grandparents', 'Lost and Found', 'I quit', 'A Test of Courage', 'A Friendship Tested', 'For Better For Worse' and 'Cringe'. We added other topics when we moved to fortnightly meetings – a bedtime story for a child; a stand up comedy set, 'The Year that Made Me' and 'Christmas'. You can see some of our stories on the website. Our meetings are enjoyable, with the sharing of stories leading to reminiscing about such things as living on a sheep farm; having our first bra fitted in the lingerie department; our first love; travelling overseas, and more.

Writing Workshop is being offered again in 2016, with our first formal meeting in W4 on the third Monday in February from 1.30 to 3.30 pm and our first more informal café based meeting on the first Monday in March from 2.30 to 3.30 pm. If you are interested in reminiscence based writing, with an occasional change of genre to keep things interesting, we would love you to join us.

Some Important Dates for your Diary

- Wednesday 25th November 2015
 U3A Christmas luncheon at Mansfield Golf
 Club. Bus leaves Benalla Bus Lines at 11.00
 am
- Monday 18th January 2016 9.30 11.30 am U3A Enrolment Day at The Hub Cooinda for Cooinda residents
- Wednesday 20th January 2016 9.30 11.30 am U3A Enrolment Day at the Senior Citizens Rooms
- <u>Monday 22nd February</u> Items for newsletter due. Forward to Freida at <u>fmandrews46@gmail.com</u> or deliver to Bev at 61 Monds Street, Benalla.

Our thanks go to Steph Ryan MP and the staff at her Benalla Office for the printing of this newsletter.



I would like to take this opportunity to wish you all a very happy Christmas and New Year.

This will be my last newsletter as editor and am handing over to Freida and Bev in the new year.

I will still be involved in U3A and next year will convene Collectors and continue with most of the programs I have been involved in for several years.

Many thanks to my husband, John. I could not have done the newsletter without his cooperation. He was always willing to deliver it to be printed and collect it and when necessary fold and post it.

Best wishes

Judith Borthwick



BENALLA AND DISTRICT COURSES AND ACTIVITIES IN SEMESTER 1, 2016 Venues and Meeting Places

Changes for 2016: Please note **most** courses in W4 now run from 10am-12noon afternoon sessions are 1.30pm-3.30pm, (except on Fridays). The Centre site is now referred to as "The Dunlop Campus". No classes are scheduled on public holidays.

Armchair History: Invaders! W4. Contact Terry Case 5762 1700

2nd & 4th Friday 1.15 pm to 3.15 pm

We will start with the Romans and should get as far as the War of the Roses, covering a momentous millennium. The period was typically portrayed in old history text books as the "Dark Ages", but modern interpretations now portray it in a different light. Why "Armchair history"? The intention is to entertain and inform using dvds from TV history series enabling you to sit back and enjoy these wonderful productions. We will have time to discuss what we have seen and read about this period and perhaps recall visits you have made to Britain?

Armchair Traveller. Contact John Avery 5762 1818 email jcavery@bigpond.net.au

3rd Tuesday, 10.00 am – 12 noon March and May. W4

An opportunity to share your traveller's tales with others and to hear theirs, however inspiring or hair-raising. Two sessions are planned this semester.

Art Appreciation. Contact Carol & Godfrey Marple 5762 6165

1st Monday 10.00 am - 11.00 am

Benalla Art Gallery

The group meets the first Monday of each month at the Benalla Art Gallery where members of the gallery staff discuss items in the gallery's collection, special exhibitions, art genres etc. The group occasionally organizes trips to other galleries.

Astronomy. Contact Bev Morton 5764 1245 bevmorton@bigpond.com/Jan Andrews (0438 624036)

1st& 3rdTues. 1.30 pm to 3.30 pm W4

Astronomy is a natural science, a study of celestial objects such as stars, galaxies, planets, comets and nebulae. The evolution of such objects and phenomena that originate outside the atmosphere of Earth. U3A Astronomy is a self-help group. Members discuss their interests in this field and each contribute to the program. Beginners are welcome, come and learn with us. We are also welcome to attend Astronomy Benalla's viewing nights. It is not necessary to own a telescope

NEW! Bird Watching. Contact Kathy Costello 5762 5755

2nd Thursday – various locations (February session in W4 10.00-12noon).

If you would like to know more about birds in the Benalla district and would appreciate help in identifying birds, this new group could be for you. Kathy Costello is interested in sharing her passion for bird watching and will run a pilot group during Semester One. February's introductory session will be in W4, followed by birdwatching sessions in local habitats rich in a range of bird life including Reef Hills, Winton Wetland and Benalla Lake. The program will involve mainly morning walks, with the possibility of one or two all day outings to more distant areas such as the Warby Ranges. If you can bring a pair of binoculars you will gain more value and enjoyment from this activity.

(Book Groups see:-"E book group & Let's talk books).

NEW! Brain Games 1st Monday 1.30 – 3.30 p.m. Contact Elspeth Maconachie. 5762 1700

It is well established that new skills can help build brain pathways with benefits for memory, confidence, happiness and even falls prevention. Brain Games will offer a variety of entertaining and informative ways to challenge, inform and exercise your brain. Thus we might solve word, number, shape, picture or logic puzzles, take part in a quiz, brainstorm solutions to a dilemma, draw a picture or maybe even learn to juggle! There will be some time spent viewing DVDs or reading articles which explore such topics as illusions and tricks, dementia, brain repair, gender differences, optimism & pessimism, lateral thinking and creativity.

Bush Walking. Contact Vaughan Cowan 5762 1980

2nd Wednesday all day – meet in Dunlop Campus Car Park

Walks are organised by the Benalla Bushwalking Club Inc. and are held on the second Wednesday of each month, weather permitting. These walks are suitable for the retired person of reasonable fitness. U3A members wishing to go on these walks need to join the Benalla Bushwalking Club for insurance purposes. Membership fees at present are Single \$30, Family \$40. We pool cars and share transport costs.

Chat n' Chew Lunch Group. Contact Shirley Kearney 5762 6768

3rd Friday 11.45 – 1.45 various locations in Benalla

This group meets once a month at one of Benalla's many "eateries" for good nosh and a natter. A very popular activity and all U3A members welcome.

NEW! Collectors Contact Judith Borthwick 5762 3442

3rd Monday 10.00-12noon. W4

Do you enjoy The Collectors and Bargain Hunt? Have you a collection or two or the beginnings of one? Collectors Corner is for people who are passionate about a collection – small or large - and enjoy hearing about and seeing the collections of others. Collectors Corner will consist of five sessions held one each month from February to June. These sessions will take the form of "show and tell" with participants bringing along a collection to share with others in the group. It is hoped to have a guest speaker at least one of our sessions who can help us develop skills in identifying and valuing our purchases. All members are asked to bring to the first session one or two of their favourite items. These do not have to be part of a collection, or valuable, just something which you treasure and are prepared to "show and tell" to others. It might be something pretty, useful, or have sentimental value etc.

Comparative Religion. Contact Mike Larkin 5767 2323/ (0428273613 - no reception at home).

1st Wednesday 1pm-3pm

This program is a systematic comparison of the doctrines and practices of some of the world religions. In order to gain a richer experience of a particular faith, a relevant film will be shown to enhance the understanding of the diverse nature of the religion being studied. Faiths covered will include Pacific Islander/Australian Indigenous beliefs, Buddhism, Hinduism, Taoism, Christianity and Judaism. As well as guest speakers and film, we will source material from the internet projected onto the TV via USB stick.

Easy Walks. Contact Vaughan Cowan 5762 1980

1st Wednesday all day. Dunlop Campus Car Park

"Easy Walks" are aimed at maintaining fitness by introducing people to bushwalking, and giving people who have walked in the past the opportunity to continue on shorter and easier tracks. It is also a very social occasion, as we normally have morning tea on arrival at the start of the walk, much chatter as we walk, and lunch either on the track or on return to the cars, depending on the length of the track. Most walks are about 4km, although we sometimes go further if it is fairly level, and we try to pick areas that do not require too much climbing.

We leave the Dunlop Campus car park (tennis courts) at 10.00am. on the first Wednesday of the month but do not start the walks till April due to the summer heat. The last walk of the year is in November, as we find it gets too busy nearing Christmas. Contact Vaughan Cowan on 5762 1980 prior to each walk, or for any enquiries.

E-book group Contact Helen Scheller 5762 3937

1st Tuesday 10.00 - 12 noon, Benalla Library, February to November

Our E-book group is a forum for discussion of books, ranging from classic to contemporary fiction. To access the monthly book choice, participants are welcome to use their own E-readers/tablets, or borrow books from the library (when available). New members are always welcome, and will enjoy the atmosphere of lively debate, morning tea, and a general get together.

Film and Literature .contact Jim Casey 5762 1020

2nd Wednesday 1.30 – 3.30 p.m.

A review of Films and Literature. Our aims for our monthly group will be to present films and possibly books, either by convenors or participants, followed by discussion.

<u>Games</u>

2nd & 4th Tuesday 1.30-3.30 p.m. W4.

These are indoor games of the non physical variety. Currently there is a card group, and a Scrabble group, but we look forward to adding other games such as Mah-jong, or Bridge or other games if enough people are interested.

Garden Appreciation. Contact Gwen Turner 5762 7017

4th Thursday all day. Dunlop Campus Car Park

We meet once a month to visit gardens in our area and sometimes further afield. Gardens range from private gardens to Botanic Gardens such as Melbourne and Albury. We have also visited Ripponlea, the Victorian Rose Garden at Werribee Park and other special gardens.

Garden Team (contact Elspeth Maconachie 0418 62 1764)

2nd* and 5th Monday 2.00 – 4.00 p.m. Meet at members' gardens by turn.

A band of enthusiastic gardeners gathers once a month for an afternoon at each members garden in rotation. The working bee uses each member's skills and abilities to achieve about six hours effect in an hour and a half. Then we rest on our laurels with tea provided by the host and a home-baked and/or healthy plate from the visitors. We head home a little fitter and inspired, often with a new cutting or garden tip. *When the 2nd Monday falls on a public holiday the garden team will meet on the 3rd Monday.

Investment Contact Margaret Jenkins 5762 6944

1st Fridays 1.15-3.15 p.m. W4

This group includes U3A members who are interested in the share market and want to participate in discussion about investments. Whilst the share market is our primary focus, we often have a related broader investment topic as well at our monthly meeting.

Legal Matters. (A series of classes to be announced in 2016 timetabled for third Friday from 1.15 to 3.15)

Let's talk books. Contact Geraldine McCorkell 5762 2134

1st Tuesday 2-4pm. Benalla Library Meeting Room.

Have you read a good book you would like to share with others? Bring your book along to the Benalla Library and tell the group about it. This is a casual discussion group about books/papers/magazines we have read and enjoyed. You will hear about books others have read that you may be interested in reading too.

Lifeball . Contact Marg Merriman 5762 1404

Every Monday 10am (90 minutes) Indoor Recreation Centre Ackerley Avenue.

This is a game adapted from basketball and suitable for all ages and abilities and has regular and enthusiastic participants. For those who think that competitive sport is now beyond you this is the game for you.

Meet and Mingle . Contact Dorothy Webber 5762 2116 & Lorraine Knox 5762 1531

3rd Wednesday 10.00 - 12 noon W4

This is a general social gathering of members to have morning tea, a chat, and sometimes have a guest speaker. It is not a formal business meeting but a short time will be allocated for news from the Executive and program groups. <u>All members welcome.</u>

Music Appreciation. Contact John Avery (5762 1818)

2nd and 4th Friday 10.00 – 12.00 W4

If you enjoy listening to and discussing classical music in a relaxed atmosphere this might be the group for you. The great classics of the 17th, 18th and 19th centuries are played on CD followed by discussion, and if you would like to know more about Beethoven, Mozart and their ilk then you would like this group.

Patchwork. Contact Dorothy Webber 5762 2116

1st and 3rd Thursday 1 p.m. - 4 p.m. The Hub, Cooinda.

Participants provide their own fabric and sewing aids. New members will be introduced to patching and quilting techniques.

NEW! Play reading. Contact Heather & Keith Rogers 5762 4086

1st Wednesday 10.00-12noon W4

Have you always enjoyed drama and going to the theatre? Perhaps you have had previous experience in a theatre environment, or always wanted to. During monthly sessions the group will share news of theatre experiences and read chosen plays in a relaxed classroom setting. You won't have to learn lines!

Politics and Current Affairs. Contact Terry Case 5762 1700

2nd Tuesday 10.00 a.m. - 11.30 a.m. W4

Join our discussions as we dissect local, state, federal and world affairs.

NEW! Rail and tourism. Contact Bill Dewing 5762 5883

A 7 session series: 1st Tuesday, February-August 9.30-12noon W4.

Join Bill for a rail tour of South West Canada and North West America, each session will feature a dvd.

Singing for Fun. Contact Joyce Borschmann 5762 5013

1st & 3rd Thursday 10.00 – 12 noon

Baptist Church, 57 Bridge Street West.

The only criteria for joining this group is that you like singing. You do not need to be able to read music. We sing for fun and we find it a great sharing experience.

Harmony group. 2nd Thursday 10-12 noon Baptist Church.

Tech Savvy 2nd Wednesday from 10 to 12 in W4. Contact Bev Lee 5762 8171

Are you reasonably 'Tech Savvy', keen to continue developing your knowledge and skills and to assist others to develop digital literacy? Then 'Tech Savvy' may be of interest to you. Monthly meetings include sharing of ideas and pearls of wisdom; news of the latest in IT development and presentations on topics of interest by informed group members and guest speakers. Meetings also provide a regular forum for working groups involved in tasks such as blogging; monitoring the website; procuring and maintaining IT related resources and mentoring 'E-Learners'.

NEW! Tech Savvy Drop In

3rd Wednesday W4 1.30-3.30pm

Are there things you would like to learn to do on your computer, laptop, tablet or mobile phone? Perhaps you need help with word processing or have been given an iPad and don't know where to start. Perhaps you would like to learn how to pay a bill by mail; check out your Centrelink account on line or take photos using the camera on your phone. A monthly 'drop in' session facilitated by the Tech Savvy group is beginning in 2016 for members keen to develop computer skills and solve problems which come up when using computers. Tech Savvy members will provide one to one assistance and small group tuition when a number of members have the same learning need. If the problem is outside Tech Savvy members' expertise, you will be referred on to IT specialists in the area. All welcome!

Towards a Sustainable Future Contact John Lloyd 5765 2476 email: andrewslloyd@iinet.net.au) 1st and 3rd Friday 9.30 a.m. - 11.30 a.m. W4

The human impact on our planet has, in recent times, become the concern of governments and ordinary people world wide and has resulted in many questions about the sustainability of our present lifestyle. This course aims to explore topics such as global warming and climate change, reducing greenhouse gas emissions, clean energy options, the challenge of population growth, sustainable agricultural practices, water use, sustainable use of resources, sustainable and energy efficient building design and various economic and lifestyle issues. From time to time we might also focus on the politics of climate change – a topic that can hardly be ignored. Our sessions during the year will examine different aspects of these major topics with a focus on looking towards a sustainable future. No prior knowledge of these topics is required just a general interest in the issues around climate change and sustainability. With discussion of these topics throughout the year you will find that you become better informed about these issues.

Wine Appreciation. Contact Noel Meagher 5762 3149 and Keith and Heather Rogers 5762 4086

4th Wednesday all day. The Dunlop Campus car park.

This group meets monthly for a trip to explore the wineries of the North East and learn more about the varieties of wines and the people who make them. We meet once a month on the fourth Wednesday gathering at The Dunlop Campus for car -pooling. Lunch is also part of the excursion sometimes at a local pub and other times somewhere a bit grander.

Writing workshop. Contact Beverley Lee 5762 8171

3rd Monday 1.30-3.30pm

Writing workshop provides an outlet and support for members keen to write about their lives, to tell stories their families may not get around to asking them about. Writing tasks are reminiscence oriented and largely chosen from ABC Open's '500 Words' writing project topics. A formal two hour session is held on the third Monday of the month between 1.30 and 3.30 pm in W4, with an informal meeting at a local café on the first Monday between 2.30 & 3.30 pm.

U3A BENALLA and DISTRICT TIMETABLE FOR SEMESTER ONE 2016 – February-June

No classes on Public Holid	February	March	April	May	June	Convenor
	,			,		
<mark>Armchair History:</mark> 2 nd &4 th Friday 1.15-3.15-pm	12 th	11 th	(8 ^{th)}	13 th	10 th	Terry Case 5762 1700
	26th	25th	22nd	27th	24th	
Armchair Traveller 3rd Tuesday 10 – 12.00 March + May		15th		17th		John Avery 5762 1818
Art Appreciation Benalla Art Gallery 1 st Monday 10 - 11 a.m.	1st	7th	4 th	2nd	6th	Carol & Godfrey Marple 5762 6165
Astronomy 1 st & 3 rd Tuesday 1.30-3.30pm	2 nd 16th	1 st 15th	(5 th) 19th	3 rd 17th	7 th 21st	Bev Morton 5764 1245
Bird Watching 2 nd Thursday 10-12.00	11th	10th	14th	12th	9th	Kathy Costello 5762 5755
<u>Brain Games</u> 1st Monday 1.30-3.30	1st	7th	(4 th)	2nd	6th	Elspeth Maconachie 5762 1700
Bushwalking Meet in car park 2 nd Wednesday all day	10th	9th	13th	11th	8th	Vaughan Cowan 5762 1980
<mark>Chat n' Chew</mark> Varied venues 3 rd Friday. 11.45 - 1.45	19th	18th	15th	20th	17th	Shirley Kearney 5762 6768
<u>Collectors</u> 3 rd Monday 10-12	15 th	21st	18th	16th	20th	Judith Borthwick 5762 3442
Comparative Religion 1 st Wednesday 1pm-3.30	3rd	2nd	(6 th)	4th	1st	Mike Larkin 5767 2323/ 0428273613
<u>E Book Group</u> 1 st Tues. 10-12noon Benalla Library	2nd	1st	5th	3rd	7th	Meg Dillon 5762 6558
E asy Walks I st Wednesday all day meet in car park)	3rd	2nd	6th	4th	1st	Vaughan Cowan 5762 1980
Film & Literature 2nd Wednesday 1.30-3.30	10th	9th	13th	11th	8th	Jim Casey 5762 1020
<mark>Games</mark> 2 nd & 4 th Tuesday 1.30– 3.30.	9 th 23rd	8 th 22nd	12th 26th	10 th 24th	14 th (28 th)	
Garden Appreciation (meet in car park) 4 th Thursday all day	25th	24th	28th	26th	23rd	Gwen Turner 5762 7017

No classes on Public Holidays./ School holiday classes in W4 shown in brackets, tutors note!

	_ th	14+6	1	- nd	[[
Garden Team	8 th	14th	11th	9 nd	13th	Elspeth
2 nd & 5 th Monday	29th			30th		Maconachie
2 – 4 p.m.						5762 1700
<u>Investment</u>	5th	4th	(1 st)	6th	3rd	Margaret
1 st Friday						Jenkins
1.15-3.15 pm						5762 6944
Legal matters (TBA)						John Barry
Let's talk books	2nd	1st	5th	3rd	7th	G.McCorkell
1 st Tuesday	2110	150	501	Siu	701	5762 2134
2-4pm Benalla Library						L.Knox 5762 1531
Lifeball Indoor Rec. Centre	1st 8th	7th	4th x 11th	2nd 9th	6th	Marg Merriman
10 am Every Monday	15th 22nd			16th 23rd	20th	5762 1404
90 mins.	29th	21st	18th	30th	27th	
Meet and Mingle	17th	16th	20th	18th	15th	Dorothy Webber
3 rd Wednesday	1701	1000	2000	1000	1500	5762 1700 and
10 a.m. – 12 noon						
10 a.m. – 12 1000						L Knox 5762 1531
Music Appreciation	12th	11th	(8 ^{th)}	13 th	10th	John Avery
2 nd & 4 th Friday	26th				24th	5762 1818
10 a.m. – 12 noon	2011		22nd	27th	2401	_
	4+1-		-	-		
Patchwork The Hub, Cooinda	4th	3rd	7th	5th	2nd	Dorothy Webber
1 st and 3 rd Thursday	18th					5762 2116
1 – 4 p.m.	1001	17th	21st	19th	16th	
Play Reading	3rd	2nd	(6 th)	4th	1st	Heather & Keith
1 st Wednesday 10.00-12.00		2110	(0)	401	130	Rogers 5762 4086
1 Wednesday 10.00-12.00						Rugers 5702 4080
Politics & Current Affairs	9th	8 th	12th	10th	14 th	Terry Case
2nd & 4 th Tuesday	23rd		26th	24th		5762 1700
10 – 12 noon	2510	22nd	2011	24(1)	(28 th)	
	2nd		(5th)	3rd	7.1	D'II D :
Rail & Tourism	2110	1st	(Stil)	510	7th	Bill Dewing
1 st Tuesday						5762 5883
9.30-12.00 noon						
Singing for Fun	4th 18th	3rd 17 th	7th 21st	5th 19th	2nd 16th	Joyce Borschmann
Baptist Church 57 Bridge St W						5762 5013
1 st & 3 rd Thursday 10-12noon						5.010010
Harmony Group	11th	10th	14th	12th	9th	
2 nd Thursday 10 – 12 noon		1001	1401		500	
Tech Savvy	10th	9 th	13 th	11th	8 th	Bev Lee
2 nd Wed 10-12					Ĭ	5762 8171
Tech Savvy Drop In						5/02 01/1
3 rd Wed 1.30-3.30	17th	1 <i>C</i> +b	20th	18th	1 5 +b	
5 Weu 1.30-3.30	1,00	16th	20th		15th	
Towards a Sustainable	5 th	4 th	(1 st)	6 th	3rd	John Lloyd
Future	19th	18th	15th	20th	17th	5765 2476
1 st & 3 rd Friday						· · · · · · · · · · · · · · · · · · ·
9.30 – 11.30 a.m.						
Wine Appreciation	24th	23rd	27th	25th	22nd	Noel Meagher
Meet in car park	2401	2310	2701	2501	22110	5762 3149
4 th Wednesday all day						Keith & Heather
	 .=.:					Rogers 5762 4086
Writing Workshop	15th	21st	18th	16th	20th	Bev Lee
3rd Monday 1.30-3.30pm						5762 8171
Executive	11th	10th	14th	12th	9th	Terry Case
2 nd Thursday 1.30-3.30						5762 1700
	1	1	1		1	

	1st	2nd	3rd	4 th	5 th
MONDAY	 Lifeball am Art Appreciation 10.00-12.00 Benalla Gallery NEW! Brain Games 	 Lifeball 10 am Garden Team 2.00-4.00 (Nb: If 2nd Monday is a public holiday garden team meets on 3rd 	 Lifeball 10 am <u>NEW!</u> Collectors 10.00-12.00 Writing Workshop Units and the set of the set of	Lifeball 10 am	Lifeball 10 am Garden Team
TUESDAY	1.30-3.30 • E.Books - Benalla Library 10-12.00 • NEW! Rail & Tourism 9.30-12.00 • Astronomy 1.30-3.30. • Let's talk books 2.00-4.00	Monday. Politics & Current Affairs 10.00 – 12.00 Games 1.30-3.30	1.30-3.30 • Armchair Travel 10.00-12.00 March / May • Astronomy 1.30-3.30	 Politics & Current Affairs 10.00 – 12.00 Games 1.30-3.30 	2.00-4.00
WEDNESDAY	Benalla Library • NEW! Play Reading 10.00-12.00 • Easy Walks All day • Comparative Religion 1.30-3.30	 Bushwalking All day Tech Savvy 10.00-12.00 Film & Literature 1.30-3.30 	 Meet & Mingle 10.00 – 12.00 noon NEW! Tech Savvy Drop In (Mentors & Learners) 1.30-3.30 	Wine Appreciation All day	
THURSDAY	 Singing for fun Baptist Church Patchwork 1-4.00 The Hub 	 NEW! Bird Watching 10-12.00 Singing: Harmony Group 10-12 Baptist Church The Executive 1.30-3.30 	 Singing for fun 10-12 Baptist Church Patchwork 1-4.00 The Hub 	Garden Appreciation All day	
FRIDAY	 Towards a Sustainable Future 9.30 - 11.30 Investment 1.15-3.15 	 Music Appreciation 10.00 – 12 noon Armchair history. 1.15-3.15 	 Towards a Sustainable Future 9.30 - 11.30 Chat n' Chew 11.45-1.30 Legal matters 1.15-3.15 	 Music Apprec. 10.0 – 12 noon Armchair history 1.15-3.15 	

U3A BENALLA AND DISTRICT CONVENORS FOR SEMESTER 1, 2016

COURSE/ACTIVITY	CONVENOR/FACILITATOR	TUTOR/S
ARMCHAIR HISTORY	TERRY CASE (5762 1700)	
ARMCHAIR TRAVELLER	JOHN AVERY (5762 1818)	
ASTRONOMY	BEV MORTON (5764 1245)/	
	JAN ANDREWS (0438624036)	
BRAIN GAMES	ELSPETH MACONACHIE (5762 1700)	
COLLECTORS	JUDITH BORTHWICK (5762 3442)	
COMPARATIVE RELIGION	MIKE LARKIN (5767 2323)	LAURENCE NEIL
E BOOK GROUP	MEG DILLON (5762 6558)	HELEN SCHELLER
		5762 3937
FILM & LITERATURE	JAMES CASEY (5762 1020)	
GAMES		
INVESTMENT	MARGARET JENKINS (5762 6944)	
LEGAL MATTERS	JOHN BARRY	
	GERALDINE MCORKELL (5762 2134)	L.KNOX (5762 1531)
MEET AND MINGLE	DOROTHY WEBBER (5762 2116)	L. KNOX (5762 1531)
	JOHN AVERY (5762 1818)	L. KNOX (5702 1551)
WOSIC AFFRECIATION	JOHN AVERT (3702 1818)	
PLAY READING	HEATHER & KEITH ROGERS(5762 4086)	
POLITICS/CURRENT AFFAIRS	TERRY CASE (5762 1700)	
RAIL and TOURISM	BILL DEWING (5762 5883)	
TECH SAVVY	BEVERLEY LEE (5762 8171)	
TECH SAVVY DROP IN	BEVERLEY LEE (5762 8171)	TECH SAVVY MENTORS
TOWARDS A SUSTAINABLE FUTURE	JOHN LLOYD (5765 2476)	
WRITING WORKSHOP	BEVERLEY LEE (5762 8171)	
	OUTREACH ACTIVITIES	
ART APPRECIATION	CAROL & GODFREY MARPLE (5762 6165)	
(Benalla Art Gallery)		
BIRD WATCHING (Various locations)	KATHY COSTELLO (5762 5755)	
BUSHWALKING	VAUGHAN COWAN (5762 1980)	
(Various locations)		
CHAT N' CHEW	SHIRLEY KEARNEY (5762 6768)	
(Various eating houses)		
EASY WALKS	VAUGHAN COWAN (5762 1980)	
(Various locations)		
GARDEN APPRECIATION	GWEN TURNER (5762 7017)	
(Various locations)		
	ELSPETH MACONACHIE	
GARDEN TEAM		
GARDEN TEAM (Various locations)	(0418 62 1764)	
-	(0418 62 1764) MARG MERRIMAN (5762 1404)	RUPE CHEETHAM
(Various locations)		RUPE CHEETHAM (5762 1523)
(Various locations)		
(Various locations) LIFEBALL (Benalla Indoor Recreation Centre)	MARG MERRIMAN (5762 1404)	
(Various locations) LIFEBALL (Benalla Indoor Recreation Centre) PATCHWORK	MARG MERRIMAN (5762 1404) DOROTHY WEBBER (5762 2116)	
(Various locations) LIFEBALL (Benalla Indoor Recreation Centre) PATCHWORK (The Hub, Cooinda)	MARG MERRIMAN (5762 1404) DOROTHY WEBBER (5762 2116) LORRAINE KNOX (5762 1531)	
(Various locations) LIFEBALL (Benalla Indoor Recreation Centre) PATCHWORK (The Hub, Cooinda) SINGING FOR FUN	MARG MERRIMAN (5762 1404) DOROTHY WEBBER (5762 2116) LORRAINE KNOX (5762 1531)	



Benalla Membership Form 2016

(Must be submitted each year with subscription)

Secretary: Lorraine Knox. PO Box 674 Benalla 3672

Section 1: SINGLE APPLICATION	Section 2: COUPLE APPLICATION					
Membership Renewal	Membership Renewal					
New Membership	New Membership					
Name:	Name (1) Name (2) Address: Email: Phone: Home: Mobile: Age Group: Under 60 60 to 69 70 to 79 80+					
	e and payable on Enrolment Day					
) st January 2016					
Enrolment day at Senior Citizens Rooms Wed. 20 th 9.30 a.m. until 11.30 a.m;						
or The Hub at Cooinda on 18 th January 2016 at 9.30 a.m. until 11.30 a.m.						
OR post to U3A Benalla and District, PO Bo	ox 674 Benalla 3672 with payment attached.					
Individual Newsletter Emailed \$30	Couple (membership for 2 people) Newsletter Emailed: \$60					
Newsletter Posted \$38	Newsletter Posted: \$68					
SIGNED: Date:						
Privacy – U3A Benalla complies with national and state U3A privacy regimes. A copy of the Privacy Statement may be obtained from the Secretary or viewed on the webpage, but members agree that their names, addresses, telephone numbers and email addresses may be circulated to other members. Photos taken at U3A activities/functions may be used in advertising material.						
Method of Payment Cash Membership Type Individual	Cheque Couple					

Once payment is completed and the official receipt number notes please give the fully completed Membership Form plus your Program Enrolment Form to the Secretary of U3A Benalla or their nominated person for final collection.

Office use Only

Receipt Number:

U3A Benalla Course/Activity Enrolment Form*--Semester 1, February-June 2016

Name:

Ph. No:

Email (print)

Please check the times the sessions are held before choosing your activities.

ACTIVITY	DAY	TIME	TICK TO ENROL
ARMCHAIR HISTORY 'Invaders'	2 nd & 4 th Friday	1.15-3.15 pm	
ARMCHAIR TRAVELLER (#March and May)	#3 rd Tuesday	10.00-12.00	
ART APPRECIATION (Benalla Art Gallery)	1 st Monday	10.00-11.00 am	
ASTRONOMY	1 st & 3 rd Tuesday	1.30–3.30 pm	
BIRD WATCHING	2 nd Thursday	Morning	
BRAIN GAMES	1 st Monday	1.30-3.30 pm	
BUSHWALKING	2 nd Wednesday	All day	
CHAT n' CHEW	3 rd Friday	11.45-1.45 pm	
COLLECTORS	3 rd Monday	10.00-12.00	
COMPARATIVE RELIGION	1 st Wednesday	1pm-3.30 pm	
E BOOK GROUP (Benalla Library)	1 st Tuesday	10.00-12.00	
EASY WALKS	1 st Wednesday	All day	
FILM AND LITERATURE	2 nd Wednesday	1-3.30 pm	
GAMES	2 nd & 4 th Tuesday	1.30-3.30 pm	
GARDEN APPRECIATION	4 th Thursday	All day	
GARDEN TEAM	2 nd & 5 th Monday	2.00-4.00 pm	
INVESTMENT	1 st Friday	1.15-3.15 pm	
LET'S TALK BOOKS (Benalla Library)	1 st Tuesday	2-4 pm	
LIFEBALL	Every Monday	10 am (90 min)	
MEET AND MINGLE**	3 rd Wednesday	10.00-12.00	
MUSIC APPRECIATION	2 nd & 4 th Friday	10.00-12.00	
PATCHWORK	1 st & 3 rd Thursday	1.00-4.00 pm	
PLAY READING	1 st Wednesday	10.00-12.00	
POLITICS/CURRENT AFFAIRS	2 nd & 4 th Tuesday	10.00-12.00	
RAIL & TOURISM	1 st Tuesday	9.30-12.00	
SINGING FOR FUN	1 st & 3 rd Thursday	10.00-12.00	
(Harmony Group)	(2 nd Thursday)	(10.00-12.00)	
TECH SAVVY	2 nd Wednesday	10.00-12.00	
TECH SAVVY DROP IN	3 rd Wednesday	1.30-3.30 pm	
TOWARDS A SUSTAINABLE FUTURE	1 st & 3 rd Friday	9.30-11.30 am	
WINE APPRECIATION	4 th Wednesday	All day	
WRITING WORKSHOP	3 rd Monday	1.30-3.30 pm	

**All members are invited to attend the monthly "Meet and Mingle" on the 3rd Wednesday at 10.00 am. Keep in touch and have a cuppa and a chat.

* If you cannot attend the enrolment sessions in January, please leave this form at the Redb4 Bookshop, 111 Bridge Street, Benalla (next to Hide's Bakery) or post to the Secretary, U3A Benalla and District, PO Box 674, Benalla 3672