



Benalla and District

What is **U3A**?

U3A stands for University of the Third Age. It is an organisation for older people no longer in full time employment who are interested in pursuing a variety of learning and recreational activities.

U3A promotes a range of learning opportunities and a focused and positive image of ageing. U3A meeting formats are more informal than regular classrooms and – there are no exams!

Any retiree can join:

There are no educational pre-requisites. Costs are kept low as tutors and group leaders come from within the groups.

The annual subscription is \$30 per person (\$45 if the newsletter posted), with low incidental costs for some groups.

How is **U3A** run?

U3A members organise their own activities, share their knowledge and skills on a voluntary basis and have fun together.



U3A Benalla & District meets at the Benalla Seniors & Community Centre at 18 Fawckner Drive (next to Fire Station) & other recreational venues.

Retired? Looking for enjoyable
and stimulating activities?
U3A Benalla's courses and
activities in 2025 include:



Benalla & District

A Taste of Art
American History (*New*)
Art Appreciation
As Time Goes By (Memoirs)
Australian Shares & Stock Market
Be Connected – Android
Be Connected – Tech Advice
Birdwatching
Brain Games
Bush Walking – Easywalks
Car Torque (*New*)
Cards '500'
Chat 'n' Chew
Chess (TBC)
Coin Collectors
Colour Mixing and Watercolour
techniques – botanical (*New*)
Come and Learn Croquet (*New*)
Community Singing
Creative Writing
Demystifying Psychology
1. Course – 'Perception'
2. Discussion Group
Exercises for Fun
Exploring the Universe
Exploring Writing Children's Books

Family Research – Getting Started
Film Discussion Group
French at the Table (*New*)
Garden Appreciation
Garden Team
German
Let's Talk Books
Lifeball
Mahjong (*New*)
Meet and Mingle
Music Appreciation
Page Turners Book Group
Patchwork and Craft
Photography
Play Reading
Politics & Current Affairs
Recorder Group
Singing for Fun
Stock and Land
Sustainability
Tech Talks
Train Buffs (*New*)
Ukes4Fun – Getting Started
Ukes4Fun—Just Jamming
Ukes4Fun—Drop In
Wine Appreciation



Interested? Check our website <https://u3abenalla.weebly.com>, contact Helen M 0490 092 267,] or visit our office Wednesdays 10 to 12 to end of February