
'A Taste of Art'Carol Perry 03 5762 2373
0438 111 057**Fortnightly on Wednesdays 1:30 pm to 4:00 pm****Broken River Painters, Barc Hut 11**

Benalla's Broken River Painters group is offering this course to U3A members interested in taking up or renewing their interest in drawing and painting. The course will operate as an art workshop in a relaxed atmosphere with mentoring and support from artists of the Broken River Painters. No experience is necessary, however more experienced artists are welcome to enrol. No materials or equipment are required, but feel free to bring along pencils, charcoal, paints and brushes for watercolour, oils, acrylics and pastels. Members are welcome to join the Broken River Painters group and exhibit with their members in art shows and markets in the northeast as well as in the Benalla Hospital.

American History

Barbara Rogers 0467 223 793

1st Tuesday 2:00 pm to 4:00 pm**U3A Room 1**

America has a fascinating history and remains a leading global force. Hollywood has thrived on this! This course aims to analyse the making of the USA and its apparent and gradual breaking down into disunity. Discussion may include what this means for Australia.

Art Appreciation

Neville Gibb 0428 858 688

1st Monday 10:00 am to 11:00 am**Benalla Art Gallery**

Join Benalla Art Gallery staff and other members of the community on the first Monday of every month at 10 am for an eclectic and ever-changing curated program of talks and tours. See the latest exhibitions and listen to talks by guest artists and curators. Stay on after the session for a coffee in the Gallery Cafe and catch up with other members of the Art Appreciation group.

'As Time Goes By' - Memoir Writing

Bev Lee 0478 607 838

3rd Monday 2:00 pm to 4:00 pm**U3A Room 1**

A memoir captures a meaningful slice of life - a memory, a lesson, or an experience that stands out. In our sessions, members come together to share short, reflective stories (up to 500 words) inspired by a new theme each month. *As Time Goes By* is not a writing skills class, nor is it about creating a full autobiography. It's a space for those who want to record the stories that future generations might never think to ask about - a place to remember and share treasured moments in a welcoming, supportive environment with others who are also telling their stories.

Australian Shares and Stock Market

Malcolm Sanders 0408 194 469

1st Monday 2:00 pm to 4:00 pm**U3A Room 1**

This group of U3A members participate in discussion about the Australian share market. Members are able to select Long & Short term and Real Time Trading stocks on three spreadsheets. Each month a report by the co-ordinator is provided to look at the individual performances of stocks selected. There will be news handouts on the stock market most months. Members are encouraged to present items of interest at the monthly meeting, verbally, via printed sheet or on the overhead projector. There is no investment advice given by the Convenors or any participating member.

Be Connected - Android

Ruth Jelliff 0437 904 554

1st and 2nd Thursday 10:00 am to 11:30 am**U3A Room 1**

Be Connected Android will assist beginners who lack confidence in using their Android Mobile phone or tablet to gain skills while at the same time having fun operating these devices. Some of the topics covered include – Google, Email, Photos, Scams, Online Shopping, Games and many more. Throughout the year class members will be able to suggest topics and issues they would like help with. The course will draw upon a range of resources including the Be Connected Online Learning Resources.

Be Connected - Tech Advice

Robyn Lukey 0403 164 931
 Jenny Sawyer 0409 545 182
 Bev Lee 0478 607 838

U3A Room 2

By appointment

Appointment only tech problem solver sessions providing one on one help.

- *'Tech Advice'* - for advice in operating mobiles, tablets or laptops with either Robyn (Android devices) 0403 164 931 or Jenny (Apple devices) 0409 545 182.
- *'Family Research - Intermediate'* For members who have developed their family tree using Ancestry.com or My Heritage who come across problems and would like support to resolve them. (Bev Lee 0478 607 838).
- *'Community Projects'* - for members working on community group websites, Facebook and other IT related community projects. (Bev Lee 0478 607 838).

Available to all enrolled U3A members. One on One appointments are held in Classroom 2. Referral on will be suggested if necessary.

Birdwatching

Kathy Costello 0447 625 755

2nd Thursday 9:30 am to 12:00 noon
March/April/May

Meet at Seniors Carpark

If you would like to know more about birds in the Benalla district and would appreciate help in identifying birds, this group could be for you. The program involves mainly morning walks in local habitats rich in a range of bird life such as Reef Hills, Winton Wetland and Benalla Lake. There may also be an all-day outing to a more distant location. Bring along a pair of binoculars to gain more value and enjoyment from this activity.

Brain Games

Elsbeth Maconachie 0418 621 764

4th Tuesday 2:00 pm to 4:00 pm

U3A Room 1

It is well established that new skills can help build brain pathways with benefits for memory, confidence, happiness and even falls prevention. Brain Games will offer a variety of entertaining and informative ways to challenge, inform and exercise your brain. Thus, we might solve word, number, shape, picture or logic puzzles, take part in a quiz, brainstorm solutions to a dilemma, draw a picture or maybe even learn to juggle! We may, at times, read or view material on topics such as dementia, brain repair, gender differences, optimism & pessimism, lateral thinking and creativity.

Bushwalking - Easywalks

Beverly Thornell 0447 193 244

1st Wednesday 9:00 - All Day (from March)

Meet at Seniors Carpark 8:45am

This is a group for those who have enjoyed Serious Bushwalking in the past but who now need to moderate their walks. It is a very social group for anyone interested in exploring the amazing tracks, trails and lookouts within an easy to medium drive from Benalla. Even though the occasional weather glitch has challenged us over the past few years, Easy Walks has enjoyed many memorable times exploring our local area. Meeting on the **first Wednesday** of each month, the walks are generally limited to 8kms., on well-defined tracks, occasionally with a short easy climb. Our day's outing can include sites of historical or botanical interest and occasionally even a Winery! Even though the walks are labelled Easy Walks, it is important that participants be able to walk at a reasonable pace and be able to keep up with the group. Sturdy shoes are essential! You will also need to carry a small daypack with lunch, drinks, hat, wet weather gear, etc as needed. Car sharing is usually available at a small cost. *Meeting times in **2025** will be 8.45am to depart at 9.00am, depending on distances covered, with the convenor notified of attendees **three days** prior to the day.

Car Torque

Doug Smith 0417 527 171

4th Thursday 2:00 pm to 4:00 pm

U3A Room 1

Car Torque is for people with an interest in cars. It will be a broad forum, not over technical, and not only about cars but all things associated with motoring including but not limited to new road rules, road safety, car maintenance, trends in fuel types, car models and manufactures. Members and guests will be invited to bring their unique or special car along to our U3a venue for "bragging rights" to allow others to hear about their car's story and soak up the visual enjoyment. So maybe you would like to also share "what's in your garage".

Car Torque will aim to bring car buffs together to educate and indulge in all things cars and to share the interests, knowledge and enjoyment they have given to their owners.

Cards '500'

Doug Smith 0417 527 171

1st & 3rd Wednesday 2:00 pm to 4:00 pm**U3A Room 1**

Cards Five Hundred is a simple social game to play with groups of 4 players or more. Playing cards is a fun way of enjoying other's company without physical exertion. Our U3a group of card players has many laughs and fun at our sessions with easy-to-understand rules. Most of our players can remember playing the game years ago with family and friends before the advent of television. Players who are "rusty" or have not played before will be taught how to play by others present. We are a friendly and welcoming group where the focus is having fun in a mild competitive environment. There is no gambling or money involved. The game is flexible and can be configured to accommodate any number of participants. This allows for flexibility if you cannot come along on a regular basis.

Chat 'n' Chew

Lorraine Knox 0427 376 991

2nd Friday 11:45 am to 1:45 pm**Varied venues**

This group meets once a month at one of Benalla's many eateries for good nosh and a natter. A very popular activity. All U3A members welcome. For catering purposes attendees are required to notify Lorraine by the Tuesday prior to each of these Fridays. New members are welcome. For further information contact Lorraine.

Coin Collectors

Doug Smith 0417 527 171

4th Monday 2:00 pm to 4:00 pm**U3A Room 1**

Coin Collectors is a group of people interested in coins. Some are avid collectors, others are just curious and would like to know more about coins they have or may have inherited from family members. Our course has been going for a number of years with those attending enjoying the fun of learning and sharing information. The variety of our monthly sessions ranges from exploring coins others bring a long, knowing how to identify and value your coins, knowledge of new releases and discovering the vast array of information on coin YouTube channels.

Collectors

Dorothy Webber 0412 263 071

2nd Tuesday 2:00 pm to 4:00 pm**U3A Room 1**

If you enjoy wandering around antique and secondhand stalls, you will enjoy the collectors group. It's a show and tell format and it's so interesting to hear the stories of special items. They don't all have to be a family heirlooms, and can be recent purchases from op shop's. This group will meet once a month.

Colour Mixing and Watercolour Techniques – Botanical

Margaret Zaal 0438 295 060

2nd & 4th Wednesday 10:00 am to 12:00 noon**Seniors Auditorium**

"If you can't draw it you can't paint it" is a saying often heard with regard to painting flowers. So, we begin with drawing techniques and Watercolour colour mixing to grow the skills toward our future masterpieces. Composition and dimension will be discussed, demonstrated and practiced. Watercolour techniques will be developed and practiced as the course progresses.

Materials are supplied at the beginning of this course, but there may be a need to purchase paper or other specific personal preferences later - you are welcome to bring along your own – pencils, brushes etc.

A pot for water and a white china plate are the only materials needed to be supplied by the participants.

Come and Learn Croquet

Judy Amery 0427 037 140

Tuesdays 9:00 am to 11:00 am**Benalla Lawn Tennis & Croquet Club****Starting Feb 25 for 4 weeks**

Golf croquet is a stellar choice for seniors. It's low impact so it's easy on the joints, but still involves enough movement to keep you active. It allows for social interaction - playing in a group can help foster friendships and stave off loneliness. The strategic nature of the game keeps your brain sharp, honing focus and mental agility. Best of all, spending time outdoors boosts mood and general well-being. It's the perfect mix of exercise, mental stimulation, and social interaction. Over four weeks participants will learn:

- The basic mallet skills of croqueting, positioning and hoop running.
- The outline of the croquet court and direction of play.
- Some basic rules of Golf Croquet.
- Tactics involved to select the most appropriate shot to hoop or stymie opponents.

Morning tea will be provided after each session.

No cost involved.

Community Singing

Margaret Jenkins 03 5762 6944

4th & 5th Thursday 10:00 am to 11:30 am
Cooinda Hub

Brian Greed plays the piano for Community Singing and uses a variety of song books. All members of U3A are welcome. Sessions have a relaxed atmosphere and run for an hour and a half with a break for morning tea. We meet at the Hub at Cooinda on the 4th and 5th Thursdays of the month at 10am.

Creative Writing

Joy Shirley 0417 065 351

**2nd Monday 2:00 pm to 4:00 pm
(including Public Holidays)**
U3A Room 1

We are a group of people who love writing. Why not come and join us? It is for those who enjoy writing, irrespective of experience or training. If you have ever thought of writing a short story, a novel, entering a writing competition this can be a good starting point. The class provides the encouragement to write and the opportunity to receive feedback from like-minded 'creative writers'. So if you love to write, join us in 2025.

To provide a starting point each month we have a writing prompt, or a selection of prompts. This can be a starting sentence, a topic, or perhaps a writing challenge. The length of the stories will vary. It could be 300 words or 3000, whatever works to provide a complete story.

Each class will include some discussion points or hints around writing, and perhaps a writing challenge. Then we discuss stories written by class members, providing constructive feedback to help us improve our writing.

Demystifying Psychology - Perception

Jane Rushworth 0437 621 575

**3rd Thursday 10:00 am to 12:00 noon
Semester 1 (inc July 17)**
U3A Room 1

This 6-session course is designed to explore the impact of perceptions, societal influences, and psychological foundations on assertiveness. Through content presentation, group discussions, practical strategies, and additional reading/viewing (optional), participants will learn how to identify and manage difficult perceptions, build resilience, and develop effective communication skills. Open to all members, the course is also a prerequisite for the 2025 Demystifying Psychology Discussion Group. Course materials and resources will be provided by the convenor. Join us to gain confidence in navigating perceptions and embracing assertiveness.

Demystifying Psychology Discussion Group

Jane Rushworth 0437 621 575

3rd Tuesday 10:00 am to 12:00 noon
U3A Room 1

A discussion group with a psychological focus looking at current events. If you are interested in various interpretations of a variety of relationships and events, you are welcome and can expect to have fun. No preparation needed, unless you find something of group interest to share.

Note that a prerequisite applies to new members: completion of the 6-session 'Demystifying Psychology - Perceptions' course offered in Semester 1. Enquiries welcome:- call Convenor Jane on 0437 621 575.

Exercises for Fun

Helen Jeffree 0490 092 267

Mondays 9:30 am to 11:00 am
Seniors Auditorium

Research shows that there are many benefits of exercising with a group. Exercise can reduce the risk of falls and can increase our mobility, while maintaining our strength. It can improve our mood too. Come along and join our Exercise group in the Seniors Hall, and have fun.

Exploring the Universe

Bev Morton 03 5764 1245

3rd Tuesday 2:00 pm to 4:00 pm
U3A Room 1

At 'Exploring the Universe' we journey far beyond our solar system with material from scientists of International Space Agencies who share their discoveries through text and audio-visual content that is easily understood. A telescope is like a time machine. The Hubble Space Telescope and advanced technologies gave us a whole new perspective of the Universe. Now the new James Webb Space Telescope has the power to see even further back in time to the birth of the first stars and planets! Will the James Webb unravel the mysteries of the elusive dark energy and the expansion of the Universe? Why not join us to enjoy the wonders of the Cosmos. You don't have to be a scientist! We are all learning together. The only requirement is an enquiring mind.

Exploring Writing Children's Books

Peter Thompson 0424 203 119

1st Friday 2:00 pm to 4:00 pm
U3A Room 1

The Collaborative Children's Book Group is a 10-session program designed to bring together novice authors and illustrators to create and develop children's books. Each session is 2 hours long, featuring a mix of activities, discussions and presentations.

Family Research – Getting started

Deb Saunders 0419 898 236

Semester 1: 3rd Monday 1:30pm - 4:00pm (Group session)
U3A Room 2
Semester 1: 4th Mon & Tues 1:00pm - 4:00pm (Mentoring)
Semester 2: 3rd Monday 1:30pm - 4:00pm (Mentoring)

Are you wondering where to start with your Family Tree?

Have you started your tree but would like to further develop your skills using online family history resources?

This could be the course for you!

It is a very hands-on course that requires basic computer skills and **access to a laptop or computer**.

The course in first semester includes two sessions a month.

- A group session each month, where we focus on presenting online family history resources that will be helpful in your research. The presentations will include resources such as [Ancestry.com](https://www.ancestry.com); Trove; My Heritage; Scotland's People and other online records such as Births/Deaths/Marriages, PROV, State Library, Rates Notices and Cemetery Records.
- A one-on-one mentoring session each month, which will focus on your specific needs as you research and develop your Family Tree.

The course in second semester includes a group mentoring session each month:

For members who have previously enrolled in Family Research - Getting Started and have begun working on their family tree mentors will be available to provide ongoing support at these sessions. Members can use the time to share their pains and gains, set their own goals, ask questions and work on their family tree.

Film Discussion Group

Joy Shirley 0417 065 351

2nd Wednesday 2:00 pm to 3:30 pm
U3A Room 1

Do you enjoy watching films? Or do you want to watch some films but do not know which ones would interest you? Do you find discussing films adds to your enjoyment? At our Film Discussion Group classes, we discuss films we have watched during the month. This provides an introduction to films that may be of interest to others. Films screened at the Benalla Cinema or Swanpool provide a range of films that could be of interest. Where upcoming films are known these may be discussed at the class to help select films to watch during the following month, and if several people see the same film this can add to the depth of discussion.

French at the Table

Carole Ruta 0418 223 464

1st Saturday 2:30 pm to 4:30 pm
U3A Room 1

Do you feel confident to talk about your French experiences, share recipes, food and stories from France in French? The goal is to continue to develop competence speaking French whilst having fun. A basic understanding of French is required - it is not a beginner's course. Whether your experience comes from school, university and/or travel, you'll find a welcoming environment to enhance your conversation skills.

Garden Appreciation

Gwen Turner 0438 627 010

4th Thursday - All Day
Meet at Seniors Carpark

We meet once a month to visit gardens in our area and sometimes further afield. Gardens range from private gardens to Botanic Gardens such as Melbourne and Albury. We have also visited Ripponlea the Victorian Rose Garden at Werribee Park and other special gardens.

Garden Team

Elspeth Maconachie 0418 621 764

2nd & 5th Monday 2:00 pm to 4:00 pm
Various venues

A band of enthusiastic gardeners gathers once a month for an afternoon at each member's garden in rotation. The working bee uses each member's skills and abilities to achieve about six hours effect in an hour and a half. Then we rest on our laurels with tea provided by the host and a home-baked and/or healthy plate from the visitors. We head home a little fitter and inspired, often with a new cutting or garden tip.

German

Horst Gunther 0447 595 059

Tuesdays 12:15 pm to 1:45 pm (3:15 on 5th Tues)
U3A Room 1

Are you interested in learning or improving your German?

Perhaps your parents spoke German, you're married to a German speaker, or you enjoyed learning the language at school and want to build on that foundation. Maybe you grew up in Germany, have children living there, or have an ear for the language. Whatever your reason for wanting to learn, we invite you to join our German classes, where we'll help you improve your speaking, listening, and comprehension skills.

All levels are welcome! During the first 30 minutes of each class, a special session for beginners and less confident learners, mentored by more advanced class members, will be held.

Let's Talk Books

Geraldine McCorkell 0408 522 662

1st Monday 2:00 pm to 4:00 pm
Seniors Auditorium

Have you read a good book you would like to share with others? Bring your book along and tell the group about it. This is a casual discussion group about books/papers/magazines we have read and enjoyed. You will hear about books others have read that you may also be interested in reading.

Lifeball

Presenter TBA

Mondays 10:00 am to 11:30 am
Indoor Recreation Centre
Starting March

Missing team sports? Looking for a different way to keep fit? Lifeball might be what you're looking for. It's a game adapted from netball which suits all ages and abilities and is great for balance and coordination - no experience necessary! We're a competitive group who get plenty of laughs from playing, and always finish up with a cuppa and a discussion of the finer points of the game. There is a small weekly game fee. New players are always free to drop in and see us in action.

Mahjong

Kay Blore 0433 209 396

Mondays 10:00 am to 12:00 noon
U3A Room 2

Have you ever wanted to learn Mahjong?

This is a guided course at your rate of learning.

Meet and Mingle

Margaret Jenkins 03 5762 6944

3rd Wednesday 10:00 am to 12:00 noon
U3A Room 1

At the beginning of each Meet and Mingle news from the U3A Benalla Committee meeting held the previous week will be given to those attending. This will be followed by a guest speaker who will talk for about 40 minutes on an interesting topic. A cup of tea or coffee and a chat with the guest speaker and other members will complete the morning.

Music Appreciation

Bill Squire 03 5762 6334

2nd & 4th Friday 10:00 am to 12:00 noon
U3A Room 1

Learning about and listening to classical music from across the ages to the present day is what we do. Our twice monthly sessions feature at least one major composition and a couple of shorter works. They are presented in video format by world class artists performing in the great concert halls of the world so that you can see and hear the music in performance. Full notes relating to each music work, the composers and the artists are provided to assist your listening and learning experience. If you would like to know more about and enjoy the music that has helped shape our world, we would welcome you joining us on the 2nd and 4th Fridays each month February to November - 10am to 12noon.

Page Turners Book Group

Meg Dillon 03 5762 6558

1st Tuesday 10:00 am to 12:00 noon
Meg Dillon's Home

The Page Turners group reads a selection of contemporary novels, some crime fiction and a few books based on actual events.

You will need to obtain your own copy of the books either as eBooks, purchasing a hard copy, borrowbox or library copies if the titles are available.

New members are welcome.

Patchwork and Craft

Dorothy Webber 0412 263 071

1st, 3rd and 5th Thursday 1:00 pm to 4:00 pm.
U3A Room 1

The Patchwork and Craft group meets on the 1st, 3rd, and 5th Thursday from 1 to 4 pm. It is a group for members with skills in patchworking, quilting and other crafts who enjoy the support, encouragement, and company of others as they complete existing projects and take on new challenges. It is not a beginners' group. Other crafts brought along include needlework, knitting and crocheting projects.

Photography

Rene Martens 0414 779 458

4th Thursday 10:00 am to 12:00 noon
U3A Room 1
February to May, September to November.

Are you interested in taking more interesting photographs? Do you have a device - mobile phone, tablet or a reasonably simple camera, SLR which you would like to learn to apply new skills on? This course will also develop confidence in using your camera - whether phone or other - to take creatively composed photographs. This course will suit new members and deepen the understanding and skills of those continuing from last year.

Play Reading

Joy Shirley 0417 065 351

1st Wednesday 9:30 am to 12:00 noon
U3A Room 1

If you enjoy drama and theatre, this is the class for you. If you have had previous experience in a theatre environment or always wanted to, this is the class for you. During our monthly sessions, the group will read chosen plays and share news of theatre experiences in a relaxed classroom setting. You don't have to learn lines! Depending on interest we may also carpool at times to see local theatre performances.

We access scripts from the Victorian Drama League. A small contribution by class members is requested to cover the costs of hiring the scripts and the postage.

Politics and Current Affairs

Brian Harker 0478 606 398

2nd & 4th Tuesday 10:00 am to 12:00 noon
U3A Room 1

Join our discussions as we dissect local, state, federal and world affairs.

Recorder Group

 Janet Douglas 03 5767 2257
0427 080 351

2nd & 4th Wednesday 10:00 am to 12:00 noon
U3A Room 1

Music has always been incredibly important to human beings. It is the only activity we have pursued since ancient times that is not related to sheer survival. Neuroscience is just discovering how beneficial it is for the brain. Playing a musical instrument is the only act that we know of that uses all of the brain at once. Being involved in a musical group also boosts our immune system. Music is so good for our brains, our hearts and our souls.

So, we welcome you to the recorder group! Whether you be a beginner or an experienced player, come along and play!

Singing for Fun

Margaret Jenkins 03 5762 6944

1st, 2nd & 3rd Thursday 10:00 am to 12:00 noon
Coinda Hub

The only criterion for joining this group is that you like to sing. You do not have to read music. We have three or four Leaders who choose the songs, and a pianist who accompanies us on the piano. We meet at the Hub at Coinda on the 1st, 2nd and 3rd Thursdays of the month.

Spanish

Alejandro Diaz 0459 347 559

Saturdays 12:00 noon to 2:00 pm
U3A Room 1
"Spanish Saturdays with a Colombian Twist!"

Always wanted to try Spanish, or brush up on what you learned years ago? Now's the time!

Join us for a fun and relaxed Spanish course designed for seniors who are eager to learn or refresh their Spanish skills! Whether you're an absolute beginner or have some previous experience, this course welcomes everyone. Together, we'll explore the rich culture of Colombia through interactive activities, music, videos, and even a taste of its cuisine and traditions.

From the very first day, you'll be speaking Spanish in a supportive environment (even if it's just "hola" and "gracias" to start), where having fun is the ultimate goal. Along the way, we'll stimulate our minds, build new connections, and share memorable moments. So come ready to chat, sing, and experience the joy of learning Spanish, Colombian style!

Stock and Land

John Lane 0474 936 460

Bimonthly – 3rd Friday 10:00 am to 12:00 noon
U3A Room 1

Are you a regular viewer of *Landline* or a reader of *Country News*, *Stock and Land*, or *The Weekly Times*? Did you grow up on a farm, work in agribusiness, study or work in food and agriculture education and training? Perhaps you've downshifted from a farm into Benalla, are considering doing so, or are simply curious about where your food comes from. This group offers a forum for members interested in agriculture to discuss farming issues and developments. Sessions feature knowledgeable speakers sharing their stories and insights, followed by questions and discussions. Time permitting, the group also reviews farming news and shares stories. Excursions to local properties are a highlight! Note: In 2025, *Stock and Land* will merge with the Sustainability Group, meeting on the 1st and 3rd Fridays. Some sessions will focus on stock and land topics.

Sustainability

John Lane 0474 936 460

1st & 3rd Friday 10:00 am to 12:00 noon
U3A Room 1

Full sustainability is only achieved when our society achieves this in each of the three spheres of our activity: Social, economic and environmental. Sustainability in each of these three spheres is far from being achieved. This has become the concern of governments and ordinary people world-wide and has resulted in many questions about the sustainability of our present lifestyle. This course aims to explore topics such as global warming and climate change, the challenge associated with population change, sustainable agricultural practices, water use, natural resource use, energy efficient building design, improving the social condition of people, wealth distribution and related economic issues. No prior knowledge of these topics is required just a general interest in the issues around sustainability.

Note: in 2025 the Sustainability Group will be combined with the Stock and Land Group. Some sessions will be devoted to stock and land issues.

Tech Talks

Neville Gibb 0428 858 688

2nd Tuesday 2:00 pm to 4:00 pm
U3A Room 2

Are you reasonably Tech Savvy; interested in technological developments and keen to continue developing your knowledge base? Then the Tech Talks group may be of interest. Monthly sessions include viewing of topical TED Talks; presentations on topics of interest by class members or guest speakers; shared news of developments across a range of technologies. Topics discussed include developments in science as well as technology. We hope to attract more interest by having guest speakers. Please note that wide discussion of topics is encouraged.

Train Buffs

Athol Graham 0419 113 105

Anne Nelson 0438 447 379

3rd Friday 2:00 pm to 4:00 pm
U3A Room 1

Train Buffs is a course for members who love trains – from engines to travel. It aims to provide the opportunity for like-minded people to reminisce about, follow up interests and develop further knowledge relating to trains and train travel. Monthly sessions will involve classroom-based sessions and excursions.

Ukes4Fun - Getting Started

Heather Wallace 0418 353 244

Mondays 10:00 am to 11:00 am until Easter
U3A Room 1

Have you always wanted to play a musical instrument? Perhaps you have played a ukulele, guitar or banjo in the past and have always wanted to get back to playing music? The ukulele is simple to learn and lots of fun as an activity with others. Using *'Uke3A Introduction to learning the ukulele'* as a guide you will learn how to hold, tune and play simple chords on your ukulele, with a variety of strumming patterns. You will get lots of support and will have fun learning together. Before you know it, you'll be accompanying songs and joining our *Ukes4Fun – Just Jamming* sessions. You will need a ukulele of reasonable quality (ie. a concert ukulele), a music stand, and a tuner.

Ukes4Fun - Just Jamming

Heather Wallace 0418 353 244

Mondays 11:30 am to 1:30 pm

U3A Room 1

- A group for uke players who can use basic cords and strumming patterns and enjoy getting together for a weekly jamming session, playing and singing songs, and having fun.
 - *Ukes4Fun – Getting Started* sessions will be held on Mondays in Term 1 from 10 to 11 am before the weekly *Ukes4Fun - Just Jamming* sessions which commence at 11.30 am.
 - Pop-up sessions guided by more advanced players will assist players keen to learn more complex strumming patterns and chord progressions.
 - Songs played at our *Ukes4Fun - Just Jamming* sessions may be performed by interested players at U3A at local events during the year. News of learning opportunities at ukulele musters and other ukes related events which include skills building workshops will be shared.
- The group uses both the Orange and Green Ukulele Club Song Books as well as songs which can be found on-line in Jim's Ukulele Song Book and Songs which can be found on ozbcoz.com.

Ukes4Fun-Drop In

Heather Wallace 0418 353 244

2nd & 4th Friday 1:00 pm to 4:00 pm

U3A Room 1

In 2025, we'll have two extra Fridays for Ukes4Fun - Drop-In sessions. We can join in whenever it suits us to play, sing, and work on our skills. These sessions will help us to learn new picking and strumming techniques and give us the chance to get advice from more experienced players about what to try next.

Wine Appreciation

Carolyn Smith 0438 478 828

Garry Smith 0428 765 591

3rd Friday 10:00 am to 4:00 pm

Meet at Seniors Carpark

Exact time will be notified before each outing.

10:00 - 10:30am.

This group meets monthly for a trip to explore the wineries of the Northeast and learn more about the varieties of wines and the people who make them. We meet once a month on the third Friday gathering at Senior Citizens carpark for car-pooling between 10:00 and 10:30 am. The time will be advised separately each month. Lunch is part of the excursion at a suitable venue.