



Benalla and District

What is **U3A**?

U3A stands for University of the Third Age. It is an organisation for older people no longer in full time employment who are interested in pursuing a variety of learning and recreational activities.

U3A promotes a range of learning opportunities and a focused and positive image of ageing. U3A meeting formats are more informal than regular classrooms and – there are no exams!

Any retiree can join:

There are no educational pre-requisites. Costs are kept low as tutors and group leaders come from within the groups.

The annual subscription is \$30 per person (\$45 if the newsletter posted), with low incidental costs for some groups.

How is **U3A** run?

U3A members organise their own activities, share their knowledge and skills on a voluntary basis and have fun together.



Interested? Check out our website <https://u3abenalla.weebly.com>, contact Helen Jeffree 0490 092 267 or visit our office (Tuesdays 12 to 4 pm)

Retired?
Looking for enjoyable
and stimulating activities?



THEN **U3A** BENALLA IS FOR YOU!
Semester 2 courses and activities in 2024

Benalla and
District

A Taste of Art
Armchair History
Art Appreciation
As Time Goes By (Memoirs)
Australian Shares & Stock
Market
Be Connected – Android
Be Connected –Tech Advice
Birdwatching
Brain Games
Bush Walking – Easywalks
Cards '500'
Chat 'n' Chew
Chess
Coin Collectors
Cooking Solo
Community Singing
Creative Writing
Demystifying Psychology
--Discussion Group
Enjoying the Internet
Exercises for Fun
Exploring the Universe
Family Research—Drop In

Family Research – Getting Started
Film Discussion Group
Garden Appreciation
Garden Team
German
Let's Talk Books
Lifeball
Meet and Mingle
Music Appreciation
Page Turners Book Group
Patchwork and Craft
Photography
Play Reading
Politics & Current Affairs
Recorder Group
Singing for Fun
Sky's the Limit
Spanish
Stock and Land
Sustainability
Tech Talks
Ukes4Fun—Just Jamming
Wine Appreciation



U3A Benalla & District meets at the Benalla Seniors & Community Centre at 18 Fawckner Drive (next to Fire Station) & other recreational venues.