

Convenors & Office Volunteers A – Z - 2024

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Challenging Situations

Class times

Coffee/Tea Break/Supplies Lin 0438 365 797 Committee (see also U3A Management and

Structure)

Communication Books
Computers/Digital Literacy

Convenors Copyright

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Meeting Rooms Membership Officer Mobile Phones Newsletter Online U3A

Outreach Activities Photocopying/Printing

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Professional Development

Program of Courses and Activities

Publicity Security Suggestions Sustainability Timetables

U3A Management and Structure

Useful Phone Numbers Website/Social Media

Wellbeing WIFI Zoom

Please note the following details are not included in the web version of the Convenors A-Z

- Password for ACER PC in Office
- U3A Benalla G-Mail account <u>u3aben@gmail.com</u> Password
- Wi Fi Access: The code and password can be found under the modem or on the pink Telstra label adhered to the inside front of the top drawer of the office filing cabinet.
- Photocopier Password

Useful contact numbers for convenors:

Course Coordinator—Anne Nelson 0438 447 379

Membership Officer – Len Jeffers – <u>len.benalla@gmail.com</u> 0407 199 247 for enrolment details, assistance contacting members.

Treasurer – Neville Gibb – 0428 858 688 – nevillegibb@gmail.com for reimbursements; collection/banking of money, etc.

Adult Learning	How you run your course is up to you and your members. There are some principles of adult learning to keep in mind which can assist you to run a successful course or activity.
	"Many U3A's refer tutors to <i>Adult Learning Principles</i> by Malcolm Knowles, who advises
	 Adults are autonomous and self-directed. They like to direct their own learning, to be actively involved in learning and work around their specific interests and personal goals. Generally, they like to take on leadership roles.
	 Adults bring life experiences and knowledge to learning experiences. This may include work-related activities, family responsibilities, and previous education. (It's always worthwhile to ask members to introduce and say a little about themselves in the first session, or when new members join the class. It also gives people a connecting point when chatting during morning tea!)
	Adults are goal-oriented. They like to know what the session is about
	and how it relates to things of importance to them
	 Adults are relevancy-oriented. They need to see a reason for learning something. When they see the applicability they also see the value in the experience. Theory needs to be related to practical experiences.
	Adults are practical. They like to be able to apply their knowledge.
	Adult learners like to be respected. They bring considerable life experiences
	to their classes. They like to be treated as equals, to voice their own opinions
	and to have a role in directing their own learning." U3A Tutor Handbook
Accessibility - Memory/Sight/ Hearing /Mobility	Convenors can assist learning by, for example, reviewing plans, material already covered, etc; reinforcing information by presenting it in different ways; increasing size of print; projecting voice; keeping in sight of the group when speaking; using print & voice simultaneously; using a microphone*; using Control + to increase print size on screen.
	Particularly when sessions are monthly and involve guest speakers, excursions, and so on, members appreciate receiving a reminder email a few days before sessions. Using the group email lists provided by Len Jeffers on Dropbox can make sending out emails relatively easy, remembering, if possible, to 'bcc' the list.
	Drawing members' attention to the Calendar on the Home Page of the website and the What's On page of the Newsletter is also helpful.
	*There is a wearable microphone located in its box at the front of the room. If speaking from the front of the room, place the speaker on the table towards the back of the room to maximise reception.
Air Conditioning	The switch for the sensor for the air-conditioner/heater in the U3A meeting room is near the door. The instructions are on the wall next to the switch. Simply adjust MODE on the lefthand side dial to 'heat', 'cool' or 'OFF'. The council arranges for the temperature to be set to suit the season. The windows & doors to Room 1 can also be opened.
Apologies	U3A practice is for class members to phone the convenor if they are
	not attending. Please remind your class of this.
Attendance	The attendance book is usually found on the desk at the front of the room. Make sure the attendance book is filled out. A tick for each person attending and, if possible, your signature at the bottom of the column at the end of the session to assist with insurance in case of a claim. For convenors operating out of the Hub in 2023, the
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	Attendance Book is on table near entrance to the Hub. For Outreach
	Activities (including the auditorium if Room 1 is being used) a roll is to
	be kept with a tick for each person attending, again with the
	convenors' signature at the bottom of the column at the end of the
	session. It is useful to keep a record of home visits attended and
	attendees at café meetings in your diary/calendar.
	Attendance often trends downward (ie. it's not your fault!)
	During school holidays, when some members have grandparent duties
	In Winter, with members heading north & an increase in colds & flu.
	Later in the year, when the weather improves & family activities increase.
Calendar	An Online Calendar is maintained by the Newsletter/Web team on the
	home page of the website and in the drop-down box under News. It is
	updated at least monthly, when the newsletter is published, and is
	used to create the 'What's On' page of the newsletter. Newsletter
	reports provide information on upcoming events/timetable changes,
	however, sometimes changes need to be made during the month. If
	you have an item which you would like to add to the calendar, if wish
	to make a change to the calendar, or notice an error in the calendar,
	please contact Bev on 0478 607 838 or bevlee47@gmail.com. It is
	useful to 'cc' Bev into emails you are sending to group members about
	changes in times, dates, events to make sure they appear on the
	calendar.
Car Pooling	Some convenors organize car-pooling. The preferred meeting place is
can i comig	the car park behind the Seniors building, though some groups still
	meet in the Barkly St tennis court car park behind Aldi. Costs per
	person have been set by the Executive Committee at a \$5.00 flat rate
	with \$7.50 recently suggested for a longer trip. This rate will be
	reviewed by the Committee early in the new year. The Convenor will
	announce the cost per person. Drivers are to collect any money owing
	on the day. This rate is regularly reviewed by the committee.
Challenging situations	We don't wish members to feel uncomfortable or consider leaving
Chanenging situations	classes because challenging situations disrupt the class. Such
	situations are rare, however if they do arise, can become stressful.
	U3A Network Victoria's <i>Dealing with Challenging Situations Project</i>
	recommends three steps to be used if you experience any disruption
	in your classes:
	1. Ask the member to stop and let another member have their say.
	2. You have been asked to let other members speak. Please stop.
	3. You are not listening, so please leave.
	It is important for convenors to use a consistent approach.
	If you require support, please contact Margaret on 0424 454 313.
Class times	Classes are largely scheduled from 10 am to 12 noon and 2 to 4 pm,
Class times	although there are variations to enable additional classes to be
	scheduled within the day and to suit course needs. Additional time is
	scheduled by some groups where needed to, for example, work on
	projects ('Patchwork', 'Family Research'). There is some flexibility to
	meet at other times (eg in the 5 th week of month) – consult with Len
	Jeffers. Please check timetables to find out if you need to vacate the
	room quickly. Aim to finish classes promptly – where classes are likely
	to go over, make sure the room is not already booked.

Coffee/Tea Break	Coffee/Tea Breaks not only keep group members hydrated, they provide the chance for social connections between class members to be enriched.
	There is a hot/cold water tap for tea/coffee above the sink in the big kitchen. For larger groups an urn is available.
	Coffee, tea, milk and biscuits are provided by U3A. Supplies are kept in the U3A cupboard area in the kitchen near the sink. Cups and mugs are also kept there. Milk is kept in the small U3A fridge.
	Please let Lin Ryan 0438 365 797 know if tea/coffee supplies need replenishing. Separate arrangements are in place for external venues.
Committee (see also	The Committee meets monthly on the second Thursday of the month
U3A Management and	from 1.30 to 3.30 pm. This date can be important to convenors – for
Structure)	example, if a request or issue to be considered has been raised with the committee. A copy of the minutes will be available in the office for reading on request.
Communications	A communications book used by Office Volunteers is held in the office,
Books (O)	while a communications book for building users with messages to cleaners is held in the cleaner's storeroom.
Computers/Digital Literacy	U3A Benalla has prioritized and received grant monies for digital literacy programs. A library of iPads, Samsung Tablets and smart phones can be drawn upon by tutors and mentors to support members who would like to develop digital literacy. Members sign an agreement relating to their use and return. Contact Ruth Jelliff 0437
	904 554 (Android) or Jenny Sawyer 0409 545 182 (Apple).
Convenors	The role of course convenor is central to the functioning of all U3As, reflecting the value of reciprocity in which members are also teachers. Meetings of convenors are held at least once a year to share news and information from the committee to convenors, between convenors and, very importantly, from convenors to the committee. This A-Z has been developed to assist convenors. The Convenors' Page on the website also contains posts and links to resources of interest to convenors. Sharing some of the load within your group is worthwhile in providing support if you are unwell or away and in succession planning. Encourage group members to take on roles — examples include - a 'back up' convenor to lead the group if the convenor is absent; a 'newsletter correspondent' to prepare the newsletter report; a keen photographer to take photographs; a 'treasurer' to collect gold coin donations if applicable. Some groups have a 'leadership team', with one member designated as the contact person.
Copyright	U3A Victoria has purchased a copyright use arrangement which covers
	U3A's in Victoria –guidelines are to be followed within this.
	Remember that:
	The rules for personal research are that the following can be copied
	article from a periodical; or
	if 'work' published as edition': 10% of pages or a chapter; or
	if 'work' in electronic form: 10% of words or a chapter; or
	if use is otherwise 'fair' having regard to factors in the Copyright
	Act

	For more information, check out http://copyright.com.au/about-copyright/exceptions/
Correspondence (O)	U3A Email Account/s – the U3A Benalla gmail account is
Correspondence (O)	
	<u>u3aben@gmail.com</u> This is to be used by Office Volunteers. Mailbox Address is PO Box 674 Benalla Vic 3672
	Letterbox outside building with for regular post for 18 Fawckner Drive
	Website's Contact Us Page – messages are redirected to the
	u3aben@gmail account and will be monitored by Office Volunteers.
	Other contact addresses and phone numbers are listed at top of
	Newsletter.
Course Allowance/s	Money is available to assist in the running of courses on application to
	the Treasurer for decision by executive. A capped amount (currently
	\$100) for each course is set by executive. Uses may include paying a
	relevant subscription (eg. Victorian Drama League for Play Reading;
	towards family research online platform such as ancestry.com);
	purchasing a book voucher for a guest speaker, and so on. Grants can
	be sought to in some cases to support activities.
Course Development	If you have an idea for a new course or activity, there is a <u>Program</u>
(see also Program	(Course /Activity) Proposal Form (Word and PDF) on the Convenor's
Guide)	page of the web site which provides a guide to issues which need to
	be considered.
	The Program Suggestions page provides examples of courses which
	have been developed in the past and contains a 'Contact Us' box at
	the bottom of the page.
	Contact the Course Coordinator, Anne Nelson on 0438 447 379 to
	explore your idea further, or run your idea past members of the
	Program Committee, currently Margaret Jenkins, Geraldine McCorkell,
	Julie McNeill, Dorothy Webber, Bev Lee.
COVID Safety	Any member of U3A Benalla who is feeling unwell is asked not to
	attend a class or group to which they belong, but instead get
	tested for COVID 19 either by using a RAT test or by phoning
	Benalla Health to make an appointment.
	Members when attending U3A Benalla groups, classes or functions
	may choose to wear a face mask indoors.
	Convenors are asked to ensure ventilation is maximised and room
	furniture arranged to enhance social distancing.
	 Hand sanitisers are available at each entrance to the Seniors Building.
	 Should pandemic situations escalate, government requirements,
	arrangements for Council buildings and U3A Network Victoria
	advice will be drawn upon and Covid Safety Plans developed and
	posted on the notice board outside the U3A meeting room.
	A note re masks in teaching settings during a Covid Escalation -
	Using masks makes it difficult for hearing impaired class members
	who lip read to supplement hearing loss. This has been provided
	for in past Covid regulations. Teachers and class members can
	lower masks while speaking to the group if people are socially
	distanced according to regulations at the time.
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Donations	Some convenors collect donations at each session towards additional
	expenses such as accessing sets of plays for play reading courses; hire
	of a specialist venue; donation to organisation providing venue at end
	of year; etc. For accountability and accounting purposes the money
	collected is provided to and receipt given by the Treasurer Neville
	Gibb 0428 858 688. Corrie Witlox assists Neville in this role.
End of Year	The end of year period begins on the third Wednesday in November
	with the 'Meet and Mingle' end of year concert, quilt display and
	morning tea in the Seniors Auditorium.
	Organised by the Wine Appreciation group, the Christmas Luncheon is
	held at a regional winery/restaurant, with many members choosing to
	book a seat on a bus booked to leave from Benalla Bus Lines.
	In addition, some groups celebrate the end of year by having morning
	tea or lunch together, sometimes at a local café or pub, sometimes
	during the last class, sometimes by having a themed session, such as
	Collectors' 'Christmas' theme. The celebration can be as simple as
	sharing Christmas cake or biscuits at morning tea.
Enrolment Days	Convenors or their representative/s are asked to attend U3A Benalla's
	Enrolment Day/s to provide information and answer questions about
	their course/s. Enrolment Day is held in the auditorium of the Seniors
	Community Centre in mid-January from 9.30 to 11.30 am. Laminated
	signs are available for each course. Instructions for late enrolments
	can be found on the Join Us page of the website. Membership Officer
	Len Jeffers has set up a drop box address in which he regularly
	updates enrolment results/details for each convenor.
Equipment/	Classroom computer/large monitor: Instructions are available in the
Information	pamphlet box at the front of the room. Separate instructions have
Technology	been prepared for using the Apple TV. Training in using this and other
	technology can be made available on a one-to-one basis as required.
	Small Classroom: The small classroom has a PC with a Smart TV on
	which the PC screen is cast by turning on the remote. A password is
	not required. Contact Bev Lee for support in using this equipment.
	Overhead Projectors:
	• Classroom 1 - An Overhead Projector installed in Classroom 1 in
	2018 is used in conjunction with the laptop stored in the cupboard
	under the large television. The back wall has a surface prepared to
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	Assets Register: An assets register is kept by Len Jeffers. An Access
	Data Base with details of IT devices is held on the office PC.
Filing Systems (O)	Filing Cabinet - Documents which need to be retained at a central
3 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	location (incident reports; insurance matters; Incorporation
	Certificate; Constitution, etc.), are held in a filing cabinet in the office.
	Minutes are also available to read on request by members to
	committee. The filing cabinet is monitored by the Secretary.
	The ACER PC computer in the office is not a central on-line records
	repository as the President, Secretary, Treasurer, Membership Officer,
	Newsletter Editor, etc. 'work from home' on their own computers.
	An <i>Office Volunteers</i> folder is to be created and used which will
	•
	contain non-confidential documents. Office Volunteer input into this
	folder will be sought as the role develops.
	The Website provides access to resources including:
	Enrolment Documents – Refer 'Join Us' Page/Drop-Down Menu
	Past and Present Newsletters - (Side column – Newsletter page)
	Constitution and related documents – refer About/Our U3A
First Aid/Medical	The general rule is to call an ambulance immediately , making sure
	someone remains with the person and that the person is comfortable
	within the rules of basic first aid. There is a comfortable armchair
	near the Seniors' office; there are also comfortable office chairs in the
	small classroom and office.
	Use common sense – eg. access person's support networks in U3A to
	find out family contact details if necessary and maintain follow up.
	Be aware that when calling an ambulance, you will be required to
	answer an extensive list of questions.
	A defibrillator is kept in the Seniors auditorium area near the kitchen.
	Instructions are provided with the defibrillator when using this – there
	is a training DVD in the cabinet 'Valuable resource - Call Push Shock' —
	Frequently Asked Questions regarding handling cardiac arrest and use
	of the Defibrillator from Ambulance Victoria – download PDF
	There is also a First Aid Kit in the kitchen on the wall behind the
	defibrillator.
Guest Speakers	If you would like to give a U3A pen as a token of thanks to a guest
Sucot openicio	speaker, gift pens are kept in an oval tin in the cupboard below the
	television screen.
Housekeeping	Cleaning of the room on a weekly basis is organised by the Council;
Honzevechilik	however, we need to ensure that the bench and sink area is kept clean
	and tables wiped.
	Please remind new class groups to wash their own cups. Use hot
	water to wash cups or the dishwasher for larger groups. There is only
	one button to press if you use the dishwasher. If you would like a
	lesson on using the dishwasher, contact Dorothy on 0412 263 071.
	There is a <u>Communications Book</u> in the cleaner's store room for
	housekeeping issues which need to be addressed by the cleaners.
	Write your concern in the book and the cleaners will reply. If the
	issues are unresolved, contact Margaret 5762 6944 or 0424 454 313.
Indigenous people –	At a meeting in 2022 the U3A Benalla Committee agreed that an
acknowledgement	indigenous acknowledgement to country will be made at each Annual
	General Meeting.

	The suggested wording is: 'We acknowledge the traditional custodians of the land on which we meet and pay our respects to Elders past, present and emerging.'
Insurance	Insurance coverage is provided for Victorian U3A branches through U3A Network Victoria with the Victorian Managed Insurance Authority. The relevant Incident Report Form can be found at the back of the folder containing class rolls. A downloadable form is available on-line. A recent incident report form has been uploaded to the Convenors' page of the website. Please contact the President in the first instance.
Keys	Room Keys for the building, U3A classrooms and storage are made available to convenors with classes in the Seniors Community Centre using a sign out/sign on return system.
Meeting Rooms	A timetable listing the use of Meeting Rooms by U3A classes is published on the door of Meeting Room 1. When leaving U3A classrooms please make sure all blinds are pulled down; lights and air conditioner switched off; benches tidied and wiped down; cups washed. Make sure that classroom doors are locked, and if the last U3A person in the building, that the side door of the building is locked. If the last person in the building, also check that the front door is locked. If necessary, switch the control on the LHS of door to 'Locked'.
Membership Officer	Membership Officer Len Jeffers can provide class lists and other enrolment related reports drawing upon the data base customised for U3A Benalla. Len is happy to assist you in sending out emails to your group members. Len's contact number is 0407 199 247 or email len.jeffers@gmail.com
Mobile phones	Remind participants in the first session about turning their mobiles off/on to vibrate, and suggest they let you know beforehand if they are likely to receive an urgent call. U3A members are usually very mindful of turning off their mobile phones in class and having them on vibrate if they do expect an urgent family related call.
Newsletter	Monthly group reports in the newsletter feed into the website and calendar and play a central role in our communication with members. The deadline for newsletter articles is the 25 th of the month. Send reports to the Newsletter Editor, Heather Wallace, at newsletter.u3abenalla@gmail.com . The newsletter is posted at the beginning of the next month. Contact Heather 0418 353 244.
	Word Limits: There is no minimum word limit, however 150 to 200/250 words is a comfortable word range in which to report on the activities of most groups. Groups in which group members contribute content each session may require a higher maximum. If this applies, aim for under 350 words, and no more than 500 words.
	NB Longer reports with very detailed information about class sessions are better suited to the website. In this case, please submit a shorter report for the newsletter with the longer report for the website.
	Many convenors write the newsletter report for their group and submit photographs, while others have a newsletter correspondent and/or photographer who enjoys writing the report or taking photographs, helping to share the load.

Online U3A	'Online U3A' (https://www.u3aonline.org.au/home) provides two
Offilite USA	modes of study – courses with a course leader and independent study
	courses and two membership levels – individual and organisational.
	Enrolment by individuals costs \$30 for multiple courses.
	Organisational membership (\$20 pa from 20/1/2024) enables site
	licences for particular courses to be purchased for \$25 (from
	210/1/2024), enabling materials to be printed or accessed online by
	class members. This can be useful in supporting a new self-
	help/guided group. If you would like to access these resources
	contact the Course Coordinator, Anne Nelson, on 0438 447 379. For
	more details on Online U3A, go to
	https://www.u3aonline.org.au/content/membership-information.
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Outreach Activities	Rolls for outreach activities must be kept as a record by convenors and
	handed to Secretary Geraldine McCorkell at the end of the semester.
Photocopying/Printing	The log in code for the photocopier in Room 1 is available on request.
	Please be mindful of cost of paper use, printing on both sides where possible. Colour copying is more expensive so use sparingly.
	Please replenish paper supply in the bottom tray if required. It is important to take paper in the photocopier out and fan it several times if using the copier after a break or if the weather is damp.
	If the photocopier is not working properly screen-based instructions are provided. Let Geraldine (0408 522 662) know if a maintenance visit is required or if you would like training to use the photocopier.
	A USB can be inserted into a port in the photocopier for direct photocopying.
	The Samsung laser printer in the office which is not linked to WiFi. It is recognised as Samsung ML-1710 in the printer drop down box.
	A small Wi-Fi printer for 'practical' work by Be Connected classes is located in Meeting Room 1 near the photocopier. It is recognised by our computers as Canon MG 3600 series in the printer drop box.
Photographs	Permission to take photographs of members during classes and
	activities is usually given by members on the membership form which states "Photos taken at U3A activities and functions may be used in
	U3A Benalla publications and media."
	When photos are to be taken of classes and activities for the
	newsletter, web site or other media, seek permission, explaining what
	they will be used for.
Policies	In 2023 the U3A Benalla Committee commenced a two-year process
	of reviewing the Policies of U3A Benalla, drawing on the Policy
	Guidelines developed by U3A Network Victoria, and the U3A Lakes
	Entrance Policies.
	In 2023 the Committee reviewed and passed the following policies:
	Privacy Policy - passed 8 June 2023
	Code of Conduct Policy -passed 13 July 2023
	Grievance Policy - passed 14 September 2023
	Anti-Discrimination Policy - passed 12 October 2023.
	These Policies are available in the Policy Folder which is located in the U3A Office.

	In 2024 the Committee will review the following policies:
	Sexual Harassment Policy
	Bullying Policy
	Risk management Policy
	Health and Safety (Serious Injury and Incident) Policy
	Conflict of Interest Policy.
	In the interim, U3A Network Victoria Policies (linked above) will apply.
Privacy	'U3A Benalla complies with national and state U3A privacy regimes.
•	Members agree that their names, telephone numbers and email addresses may be circulated to other members. Photos taken at U3A activities and functions may be used in U3A Benalla publications and media.' (U3A Benalla Application/Renewal Form 2023)
	It is important to maintain confidentiality of members. Dilemmas for convenors can include people in the community and past members asking about existing members. Use common sense – remembering it is preferable for discussion to occur/information be shared between class members than for a convenor to contribute information unless asked by the person. Err on the side of caution.
	If sending out emails to a list, select the 'BCC' blind carbon copy option so that individual member email addresses remain private. If you unintentionally forget –try to remember next time. (The enrolment form does make provision for sharing of such information between members – refer above)
Professional	Regional, statewide and national conferences provide opportunities
Development	for professional development. There will be a U3A Network Victoria
•	conference in 2024. Money may be available to reimburse
	committee members and convenors for conference registration fees
	to relevant events.
Program of courses	U3A Benalla is offering over 45 courses in 2024 as listed in the
and activities	Programs Guide 2024 (as at 3 January). Program guides are published
	on the <u>'Join Us'</u> page of the website.
	The Course Coordinator, currently Anne Nelson 0438 447 379, works with Membership Officer Len Jeffers and the program committee to monitor and produce the program guide and timetables each year and provides encouragement and support for new courses and activities
	Let Anne know about ideas for new courses or any issues you may come across in running and continuing your course/activity.
	The Course Proposal form on the <u>Convenors' page</u> of the website is often helpful when brainstorming ideas for new courses.
Publicity	The Publicity Officer and Secretary submit articles to the Ensign and may contact convenors regarding developing articles or adding photographs highlighting course/group activities for the newspaper.
	Please contact Publicity Officer David Palmer if you have a story for the Ensign or other publicity related idea – M 0408 470 468.
Security	Make sure that classroom doors are locked, and if the last U3A person in the building, that the side door of the building is locked. If the last person in the building, also check that the front door is locked. If necessary, switch the control on the LHS of door to 'Locked'

Sustainability Timetables	When possible, pull the blinds right up rather than turning the lights on. Don't forget to switch off urn (if used) after the break and photocopier to power save during and off at the end of class. Strategies include - double sided photo copying; use of mugs rather than paper cups. The council has installed timers on the lights in the toilets - light switches do not need to be touched. Two versions of the timetable are prepared – a 'Month Overview'
Timetables	timetable which assists members to plan their diary and U3A Benalla to publish an overview diagram of both room use and overall activities. The 'U3A Timetable with Dates' provides more specific information as to classes, hours, venues, dates and convenor information. Both documents are available on the website and in the enrolment information kits prepared at the beginning of the year.
	Convenors play an important role in liaising with members about timetable changes. There are instructions to assist convenors send out group emails on the Convenor's page of the website.
	Many members keep an eye on the website's calendar for timetable changes –please cc bevlee47@gmail.com when sending out emails about timetable changes so that changes are also recorded on the web calendar.
U3A Management and Structure	The Annual General Meeting of Benalla and District U3A is held in March as part of Meet and Mingle. As a rule of thumb – the President, Vice-President and Treasurer are elected in 'even numbered' years and the Secretary and Publicity officer in odd numbered years. In addition to rotating positions on the Executive there are vacancies for two general committee members.
	In 2024 the Annual General Meeting will be held on Wednesday 15th March . Information about the AGM and nomination forms will be made available by the Secretary, in the newsletter and on the website.
	The Executive Committee meets monthly on the 2 nd Thursday at 1.30pm. There two sub-committees –Programs and Finance.
	Regional meetings of 16 to 18 U3A groups, are held twice yearly at a branch location from Kilmore to Wodonga or on Zoom.
	Benalla U3A is an active member of U3A Network Victoria. Benalla's delegate, Geraldine McCorkell, reports to the Executive Committee. U3A Network is increasingly using Zoom meetings to provide online training/discussion with member U3A's.
	State U3A Networks have formed a national alliance to share common concerns, an alliance which may develop into a national peak body over time. State Networks have annual conferences which representatives from other states can attend. The U3A Asia Pacific International Alliance holds a regional conference of U3A.
Useful Phone	President – Margaret Jenkins - 5762 6944 or 0424 454 313 – email
Numbers	margaretjenkins@bigpond.com
	Vice President – Anne Nelson 0438 447 379
	Secretary - Geraldine McCorkell 0408 522 662

	Membership Officer/Timetables – Len Jeffers 0407 199 247
	len.jeffers@gmail.com
	Course Coordinator – Anne Nelson 0438 447 379
	Publicity Officer/Marketing – David Palmer 0408 470 468
	Newsletter – Heather Wallace 0418 353 244
	newsletter.u3abenalla@gmail.com
	Computer/IT Officer – Position description under development
	Wellbeing Officer – Lorraine Knox 5762 1531 or 0427376991
	Website/Social Media – Bev Lee 0478 607 838 bevlee47@gmail.com
	Coffee/Tea Supplies – Lin Ryan
Website/Social Media	Our website is updated monthly when the newsletter is published.
	Course/Activity Pages There is a page on the website for each
	course/activity group. The group's monthly newsletter report is
	added to this web page together with any photographs submitted to
	the newsletter or directly to web manager bevlee47@gmail.com.
	Additional resources can be added to group pages – eg. lesson notes;
	popular links; course handouts; YouTube clips; other photographs.
	Check out other pages for ideas or discuss options with Bev.
	Convenors' Page –the Convenors' Page on the 'About' drop down
	menu includes resources and notices relevant to convenors.
	Calendar – the Calendar on the home page of the website is used by
	many members to check times and changes to events. There is also a
	Monthly Calendar. Please let Bev know if you would like to make
	changes to the Calendar or notice errors which need to be altered.
	Social Media – The <u>U3A Benalla & District Facebook Page</u> provides a
	complementary source of news for members who use Facebook.
	Posts on outdoor activities Easy Walks, Wine Appreciation and
	Birdwatching are contributed by avid photographers Bev Thornell and
	Andi Stevenson along with posts by the Newsletter/Website team.
Wellbeing	Please let our Wellbeing Officer, Lorraine Knox (Phone 5762 1531 or
110	0427376991), know if a participant in your group is in hospital; if a
	participant or their partner is deceased; or if congratulations are in
	order such as receiving a Queens' Birthday or Australia Day honour.
	Lorraine will arrange for a card to be sent to them from U3A.
WIFI	U3A Benalla has made NBN access available to U3A classes and
*****	members within the Seniors Community Centre building. If you need
	the WIFI access code urgently, it is printed on the label on the bottom
	of the modem near the door of the meeting room. Telstra's pink
	magnetised details label can be found in the office filing cabinet, top
	drawer, inside front of the drawer.
Zoom	Free Zoom accounts remain a useful tool for some purposes. Online
200111	training resources have been added to the website -
	https://u3abenalla.weebly.com/using-zoom.html

This A-Z for Convenors was last edited on 10 January 2024. We hope convenors and office volunteers will find it useful. Please email us at u3aben@gmail.com if you have any suggestions for improving it further!