

What is **U3A**?

U3A stands for University of the Third Age. It is an organisation for older people no longer in full time employment who are interested in pursuing a variety of learning and recreational activities.

U3A promotes a range of learning opportunities and a focused and positive image of ageing. U3A meeting formats are more informal than regular classrooms and – there are no exams!

Any retiree can join:

There are no educational pre-requisites. Costs are kept low as tutors and group leaders come from within the groups.

The annual subscription is \$30 per person (\$40 if the newsletter posted), with low incidental costs for some groups.

How is U3A run?

U3A members organise their own activities, share their knowledge and skills on a voluntary basis and have fun together.



For information – check out our website https://u3abenalla.weebly.com or contact Geraldine McCorkell (Secretary) 0408 527 662

Retired? Looking for enjoyable and stimulating activities?



Benalla and THEN **UBA** BENALLA IS FOR YOU! Courses and activities in 2023 include: District

A Taste of Art Art Appreciation

'As Time Goes By' (Memoirs)

Australian History

Be Connected Bird Watching **Brain Games**

Bush Walking - 'Easywalks'

Cards '500' Chat 'n' Chew Coin Collectors Collectors

Community Singing Creative Writing

Demystifying Psychology Enjoying the Internet Exercises for Fun **Exploring the Universe** Family Research

Family Research - Beginners

Film Discussion Group **Garden Appreciation**

Garden Team German

'In the Lap of the Gods'

Investment

Jane Austen Book Club

Let's Talk Books

Lifeball

Meet and Mingle Music Appreciation

Page Turners Book Group

Patchwork and Craft

Photography Play Reading

Politics & Current Affairs

Recorder Group Singing for Fun Sky's the Limit Stock and Land Sustainability Tech Advice

Tech Savvy Apple – 'Pages' Tech Savvy Android - Beginners

Tech Talks

Ukes4Fun

Wine Appreciation Wise Guys Book Group



Enrol in 2023 Wednesday 11th January 9.30 - 11.30am