



Benalla and District

What is **U3A**?

U3A stands for University of the Third Age. It is an organisation for older people no longer in full time employment who are interested in pursuing a variety of learning and recreational activities.

U3A promotes a range of learning opportunities and a focused and positive image of ageing. U3A meeting formats are more informal than regular classrooms and – there are no exams!

Any retiree can join:

There are no educational pre-requisites. Costs are kept low as tutors and group leaders come from within the groups.

The annual subscription is \$30 per person (\$40 if the newsletter posted), with low incidental costs for some groups.

How is **U3A** run?

U3A members organise their own activities, share their knowledge and skills on a voluntary basis and have fun together.



For information – check out our website <https://u3abenalla.weebly.com> or contact: Dorothy (President) 5762 2116 Geraldine (Secretary) 5762 2134

Retired?
Looking for enjoyable
and stimulating activities?



THEN **U3A** BENALLA IS FOR YOU! Benalla and
Come & share with new and old friends... District

Courses and activities include:

A Night at the Opera
Armchair Traveller
Art Appreciation
'As Time Goes By' (Memoir Writing)
Beginners' Patchwork
Bird Watching
Booker Reading Group
Brain Games
Bush Walking – Easy Walks
Bush Walking – Mid Week
Chat 'n' Chew
Collectors
Creative Writing
E Book Group
Exercises for Fun
Exploring the Universe
Film and Literature
Games
Garden Appreciation
Garden Team

German for Beginners
History: 'After the Victorians'
History: 'An Introduction to Western Civilisation'
Investment
Let's Talk Books
Lifeball
Meditation
Meet and Mingle
Music Appreciation
Patchwork
Play Reading
Politics & Current Affairs
Recorder Group
Singing for Fun and Harmony
Stock and Land
Sustainability
Tech Savvy Beginners (Apple)
Tech Savvy Projects (Family History)
Tech Savvy Talks
Wine Appreciation



U3A Benalla and District meets at the Benalla Senior Citizens Community Centre in Fawckner Drive (next to Fire Station) & other recreational venues.